VISIT…

BASTIEN PIANO BASICS

TECHNIC

LEVEL 1

BY JAMES BASTIEN

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*To reinforce the feeling of achievement, the teacher or student may put a √ when the page has been mastered.

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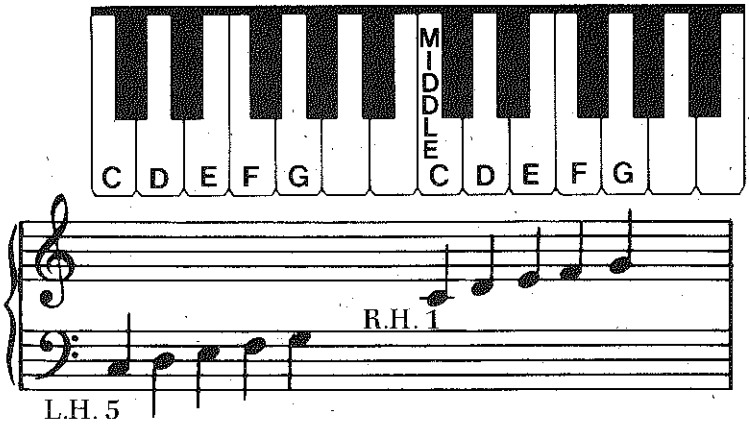
C Major Position

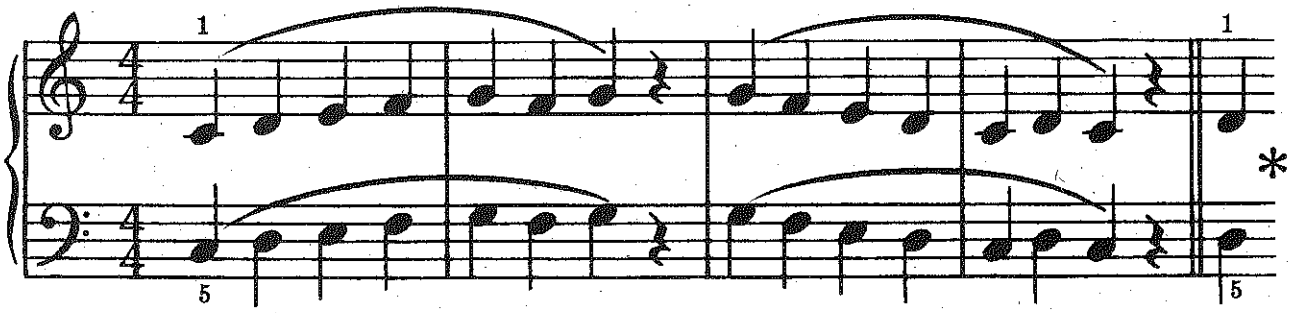


Practice Directions

1. Each exercise may be played hands separately at first.
2. Play evenly with curved fingers.
3. Play legato.
4. Play slowly at first; play faster when you are ready.
5. Use different dynamics; play loud (f) or soft (p).

Use these same practice directions for the rest of the book.

Warm-ups



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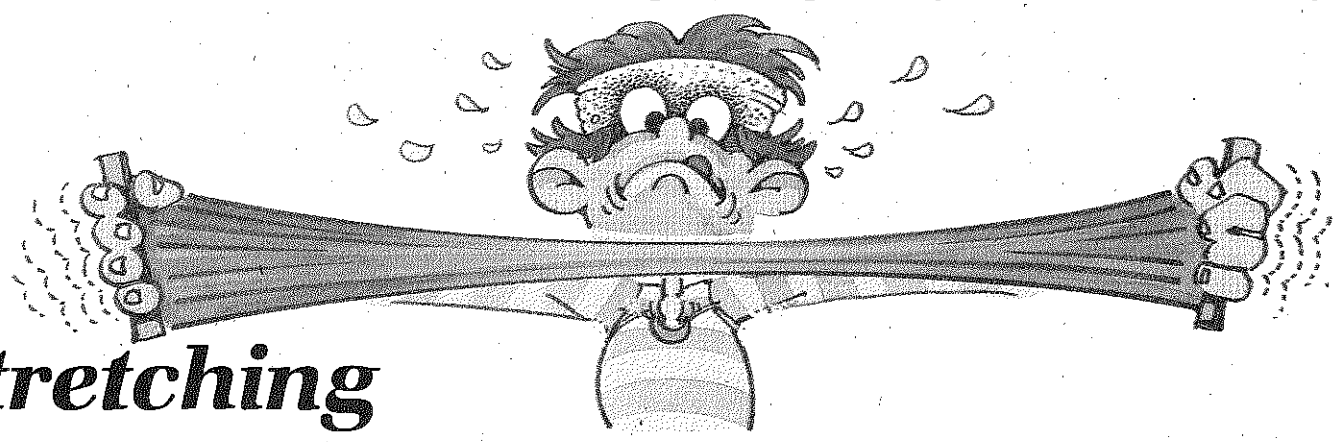
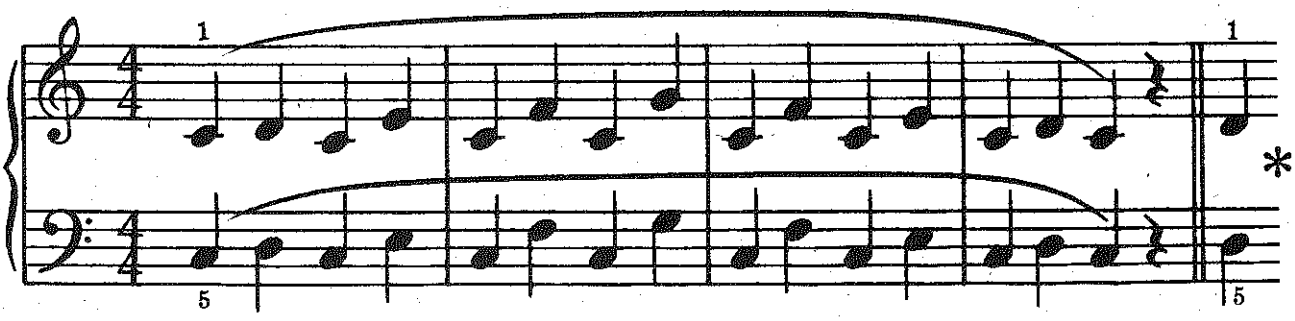
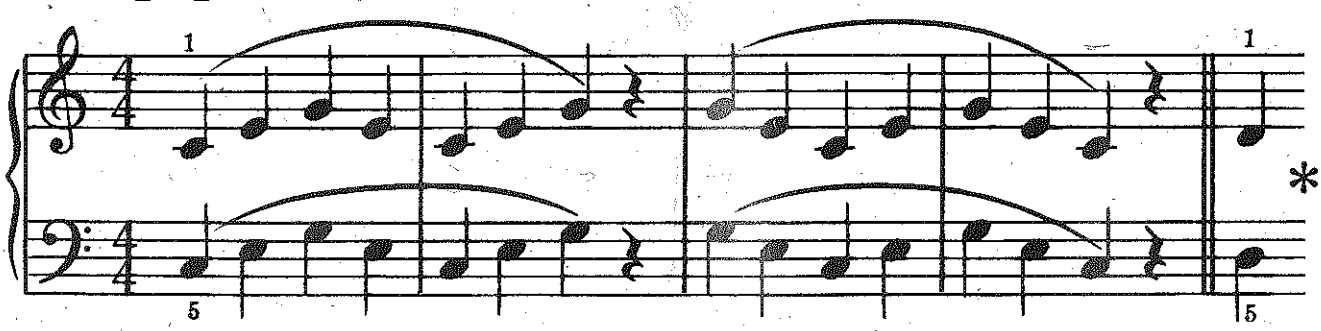


Stretching

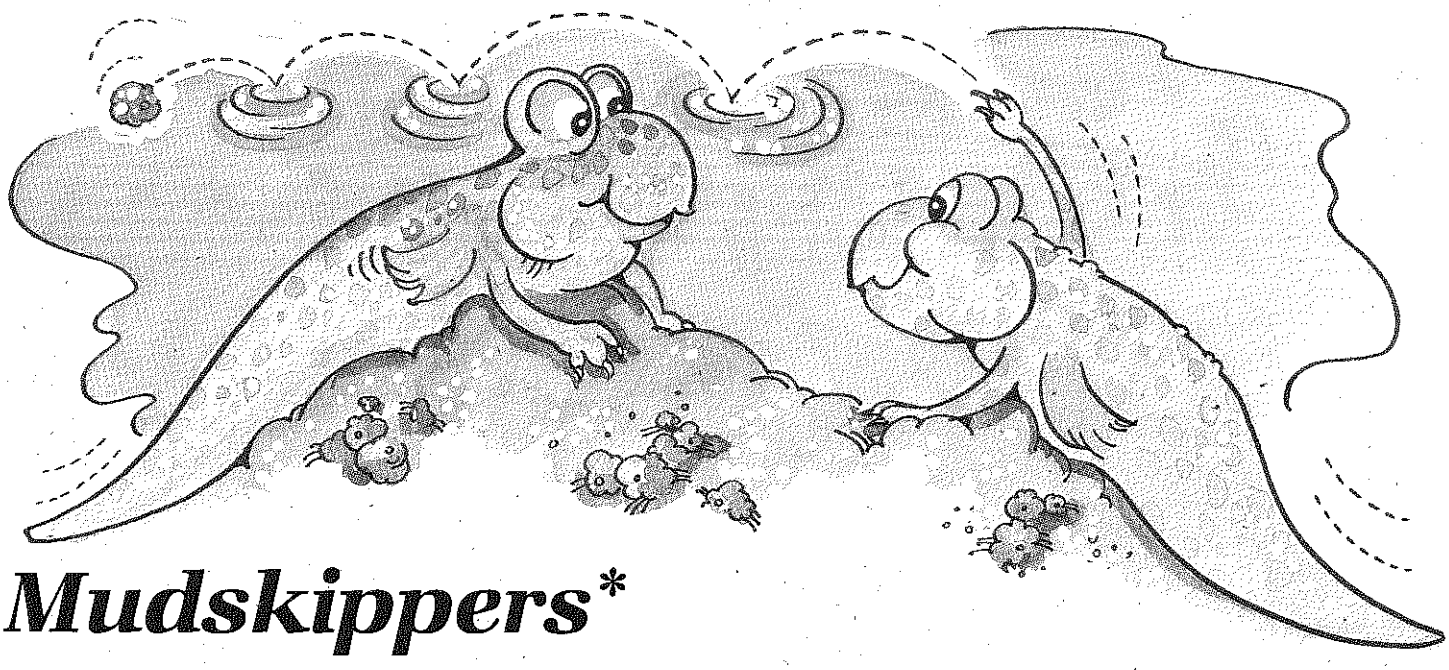


*Continue this pattern up the keyboard on the white keys.

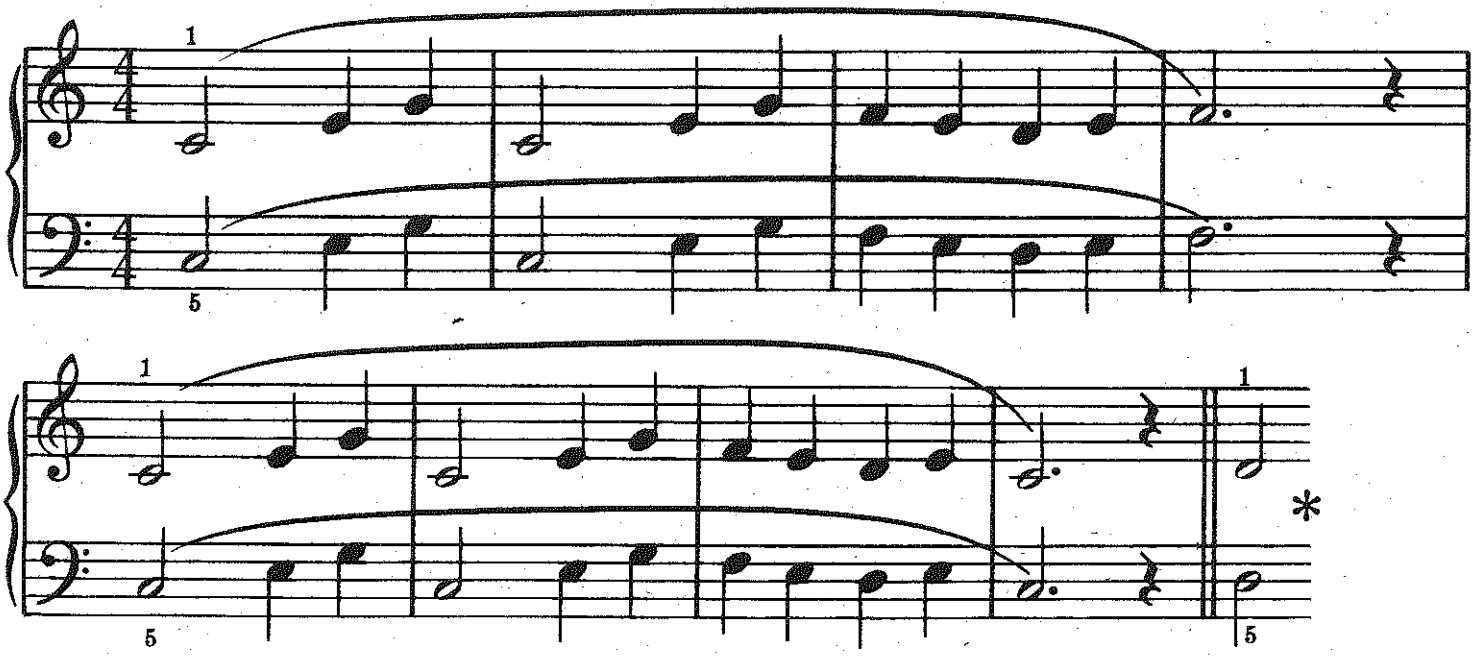
Skipping Stones



*Continue this pattern up the keyboard on the white keys.

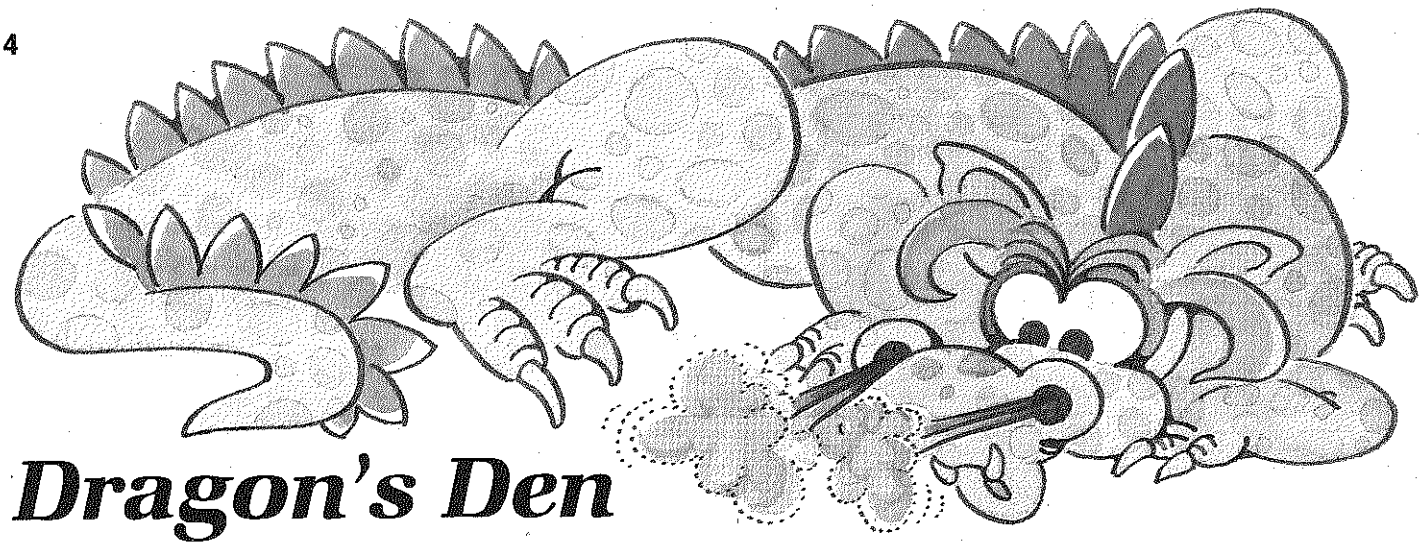


Mudskippers*

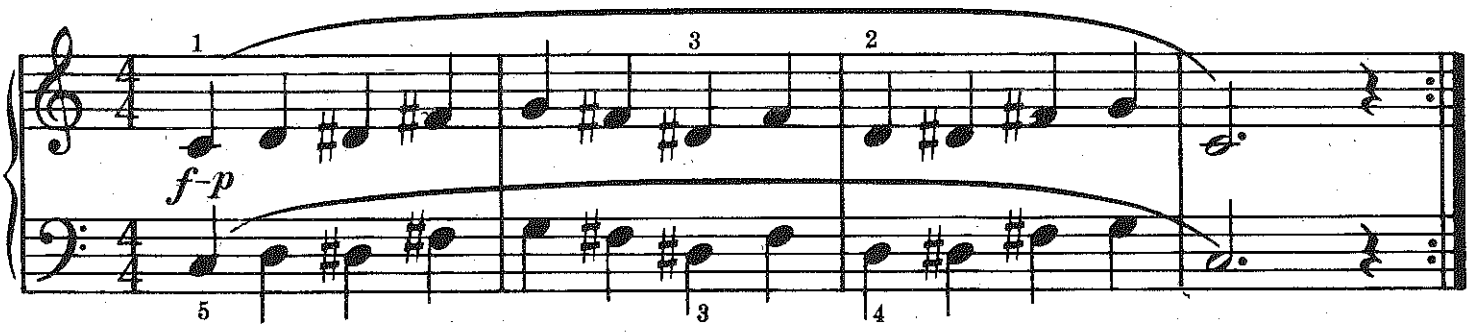


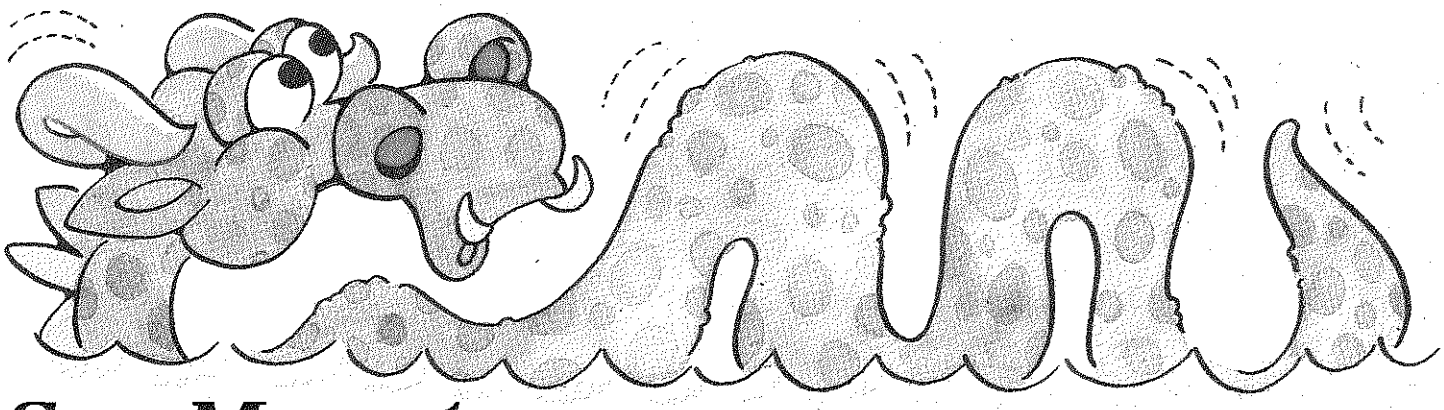
*Continue this pattern up the keyboard on the white keys.

*Mudskippers are fish that can breathe in and out of water.

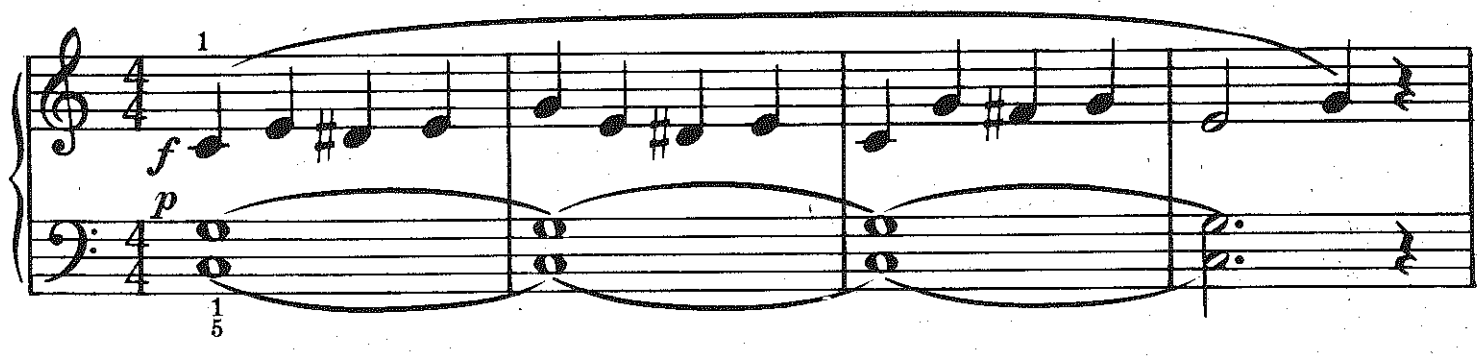


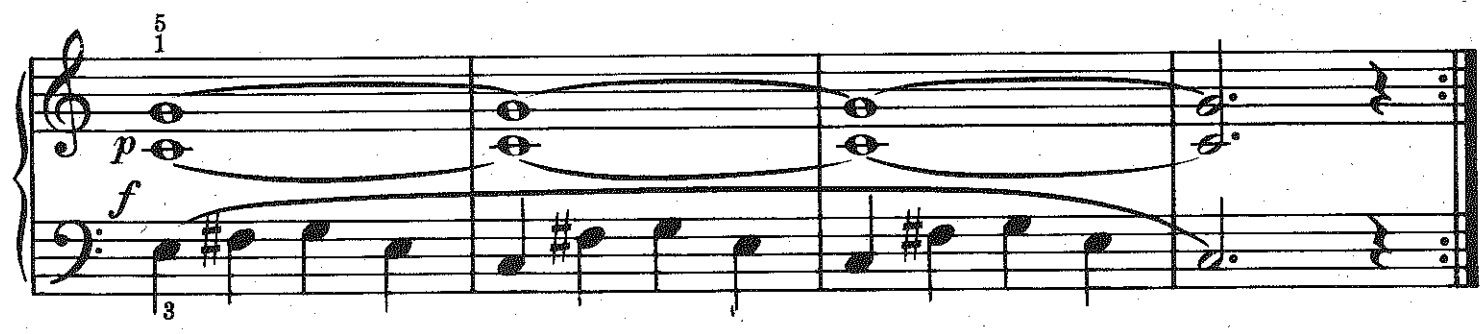
Dragon's Den



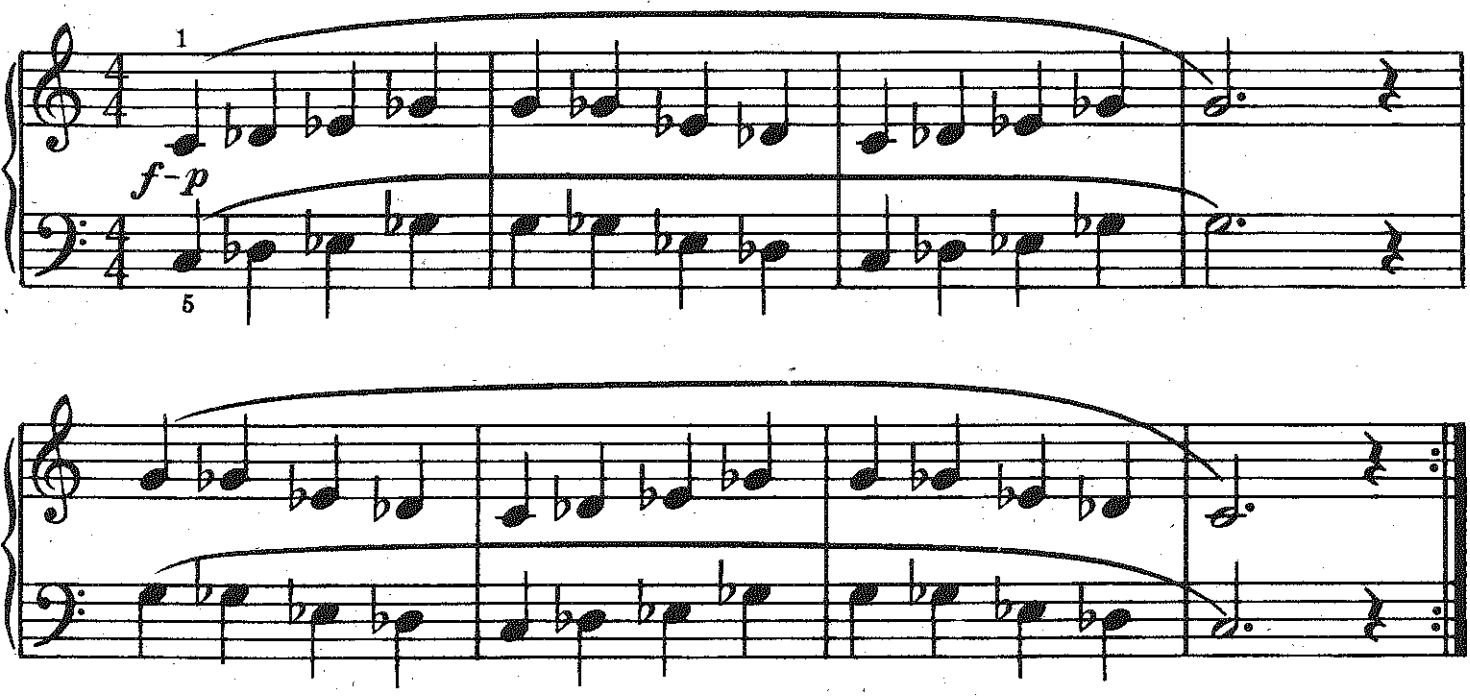


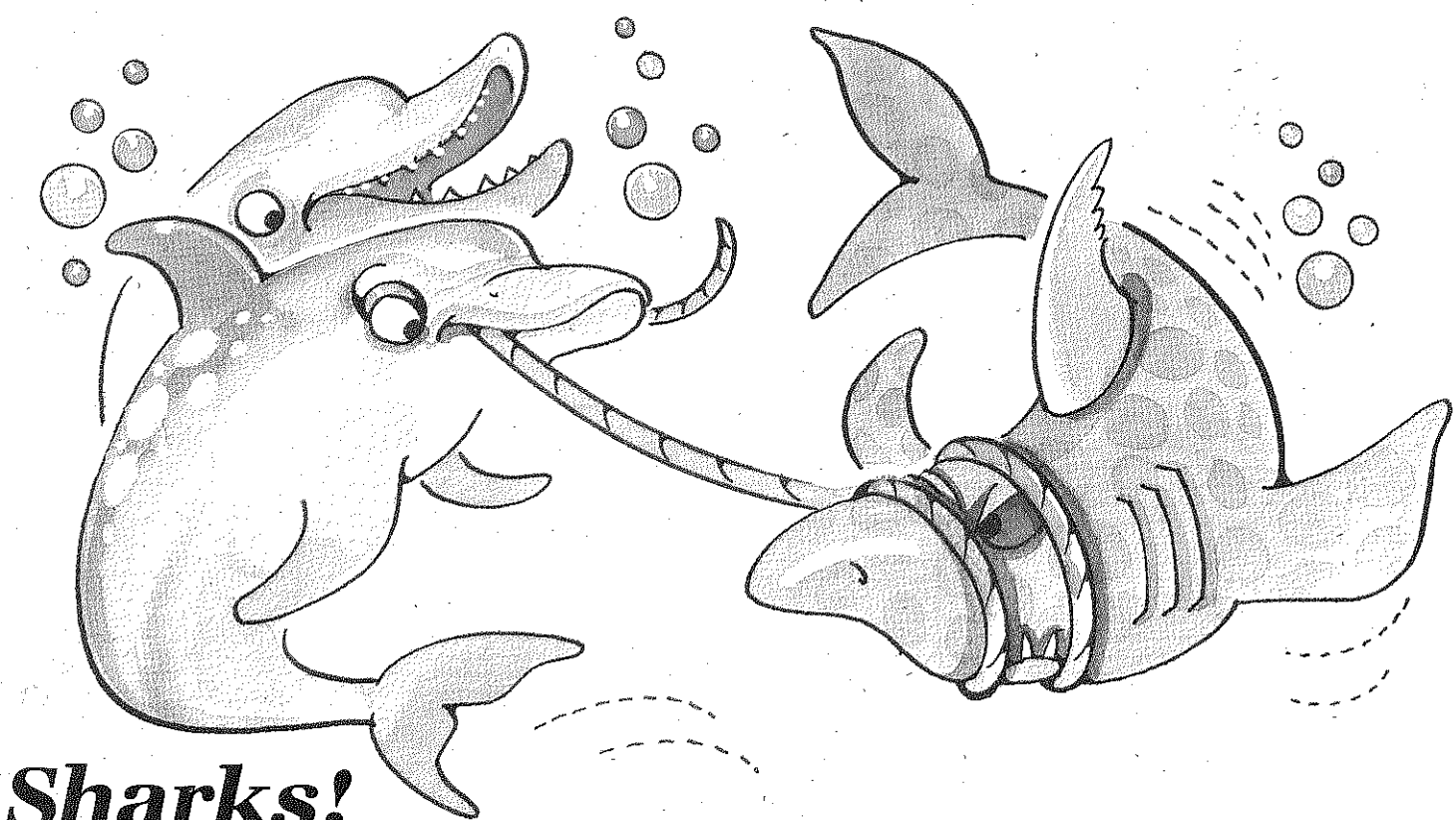
Sea Monster



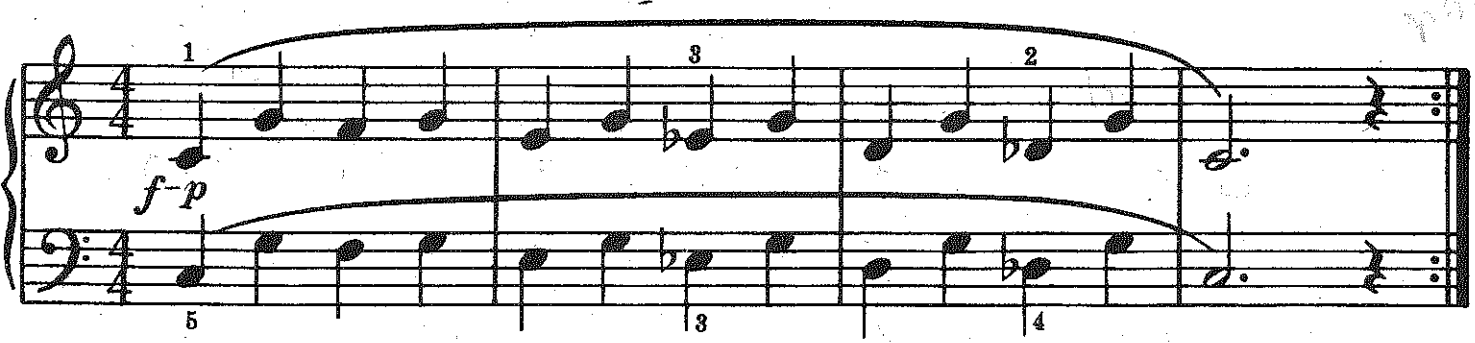


Dolphins at Play

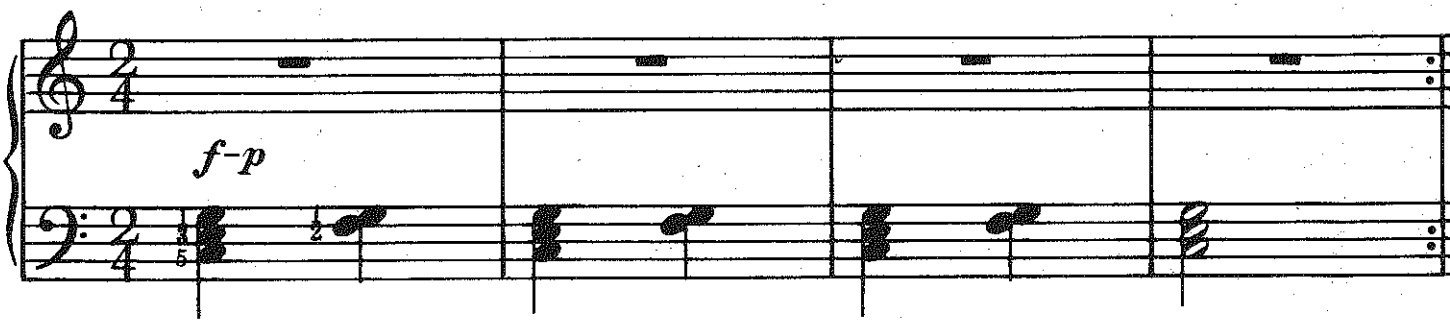


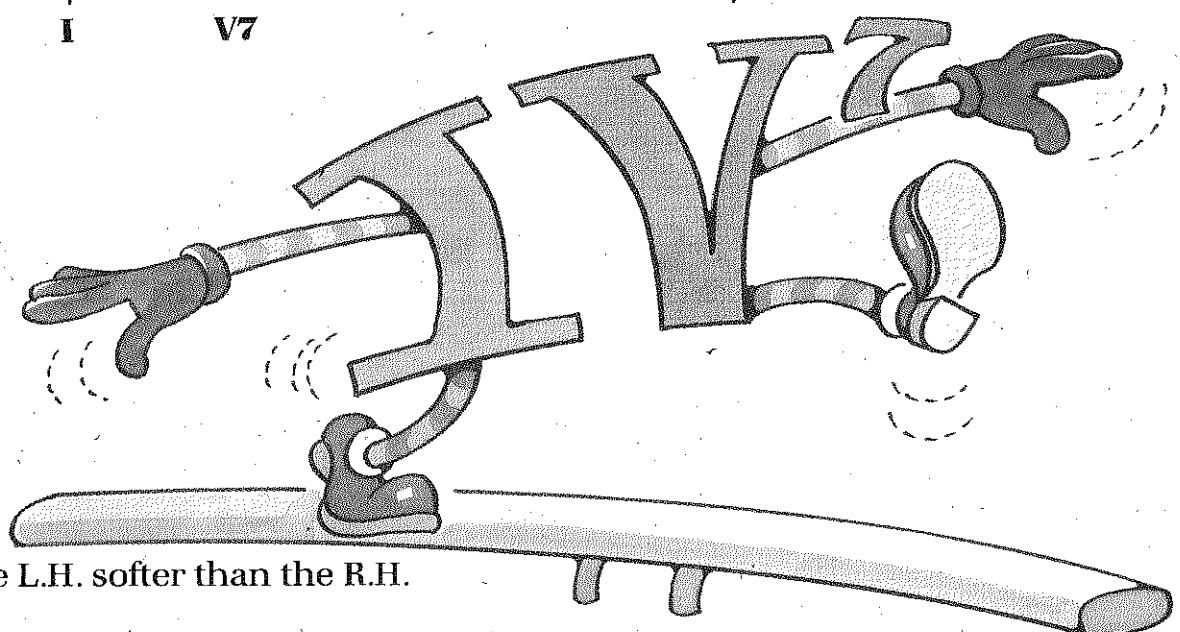


Sharks!



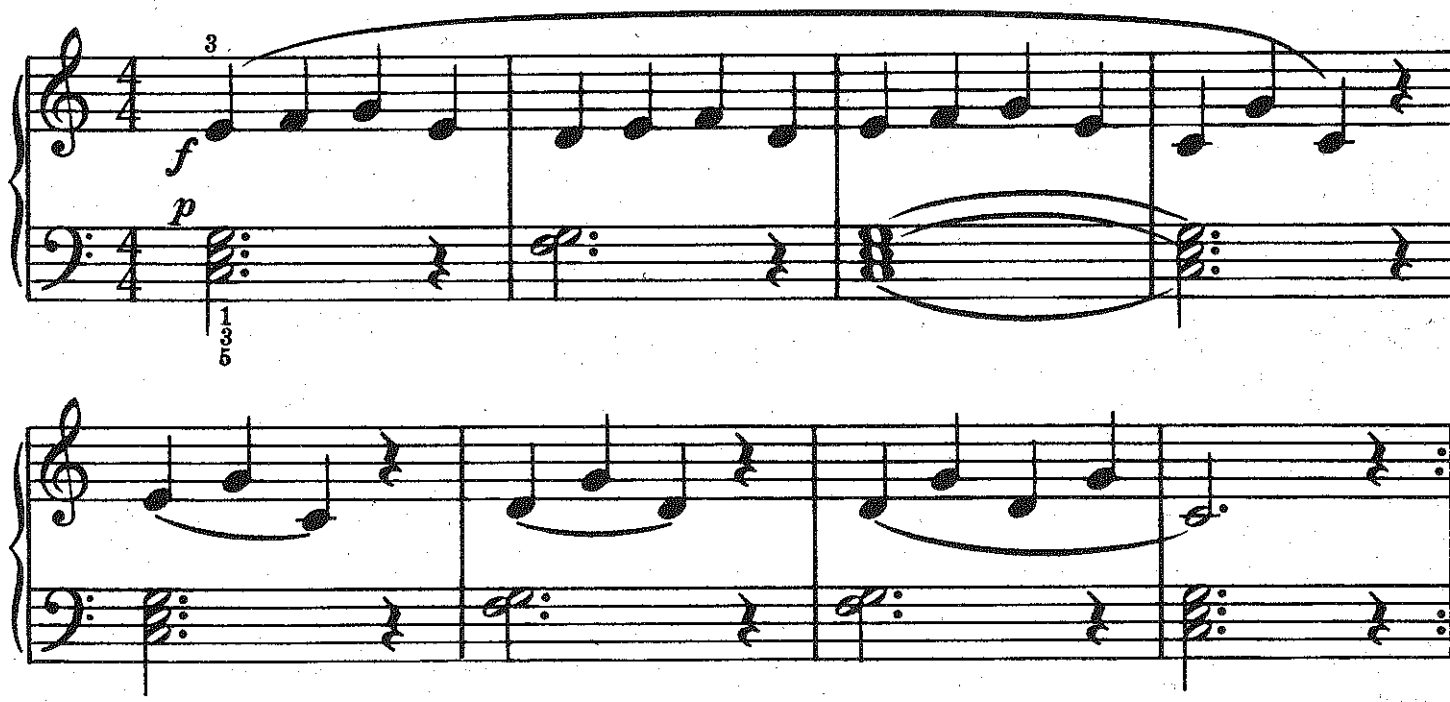
I V7 Warm-up*



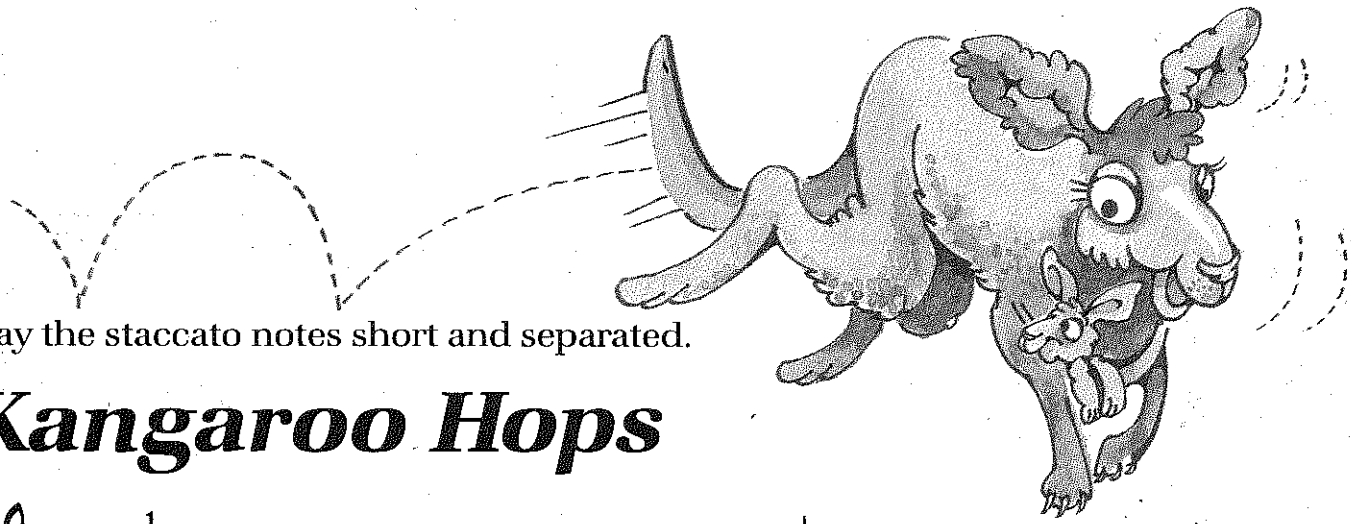


Play the L.H. softer than the R.H.

Keep Your Balance!

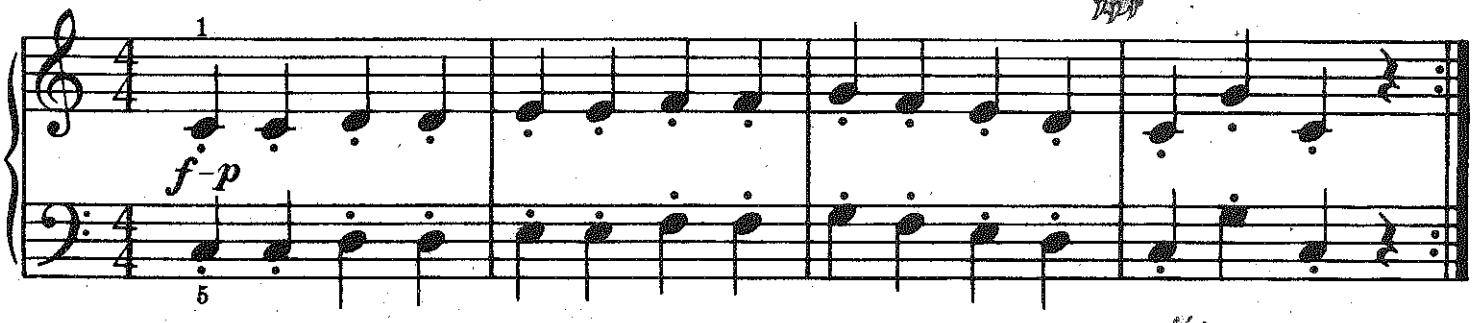


***Teacher:** The interval of a 2nd represents the dominant harmony at this level. In Level 2, the three-note V7 chord is introduced and explained in detail.

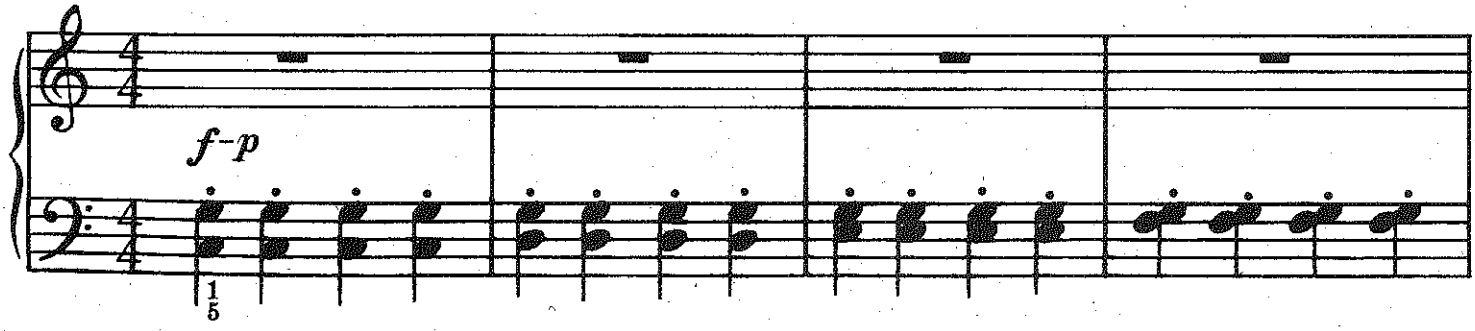


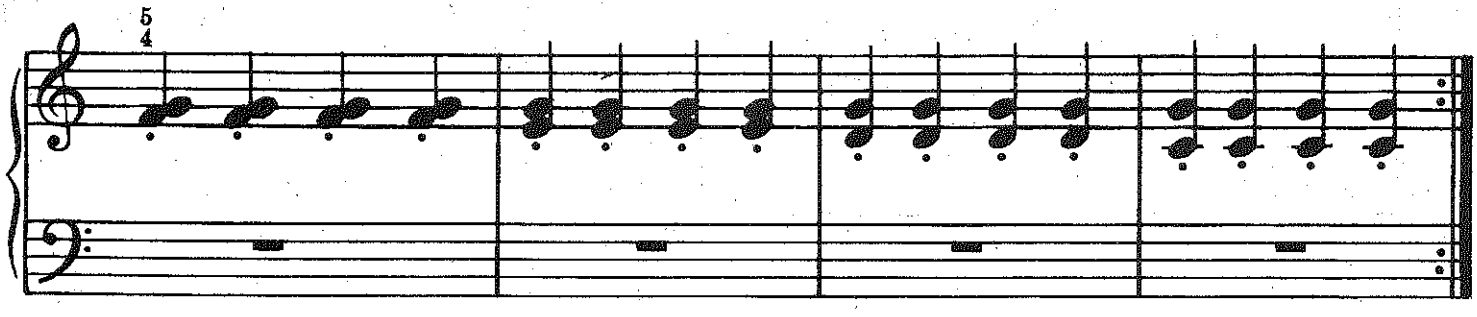
Play the staccato notes short and separated.

Kangaroo Hops

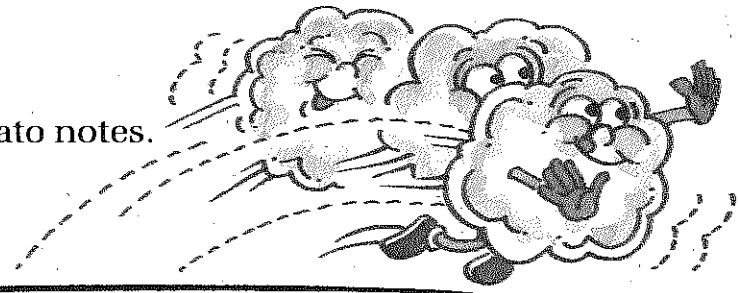


Knock on Wood!

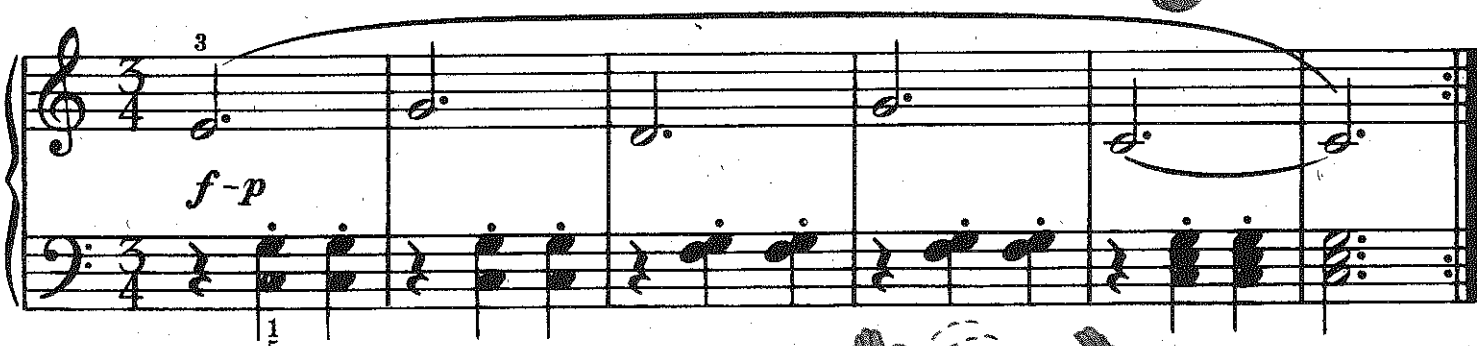


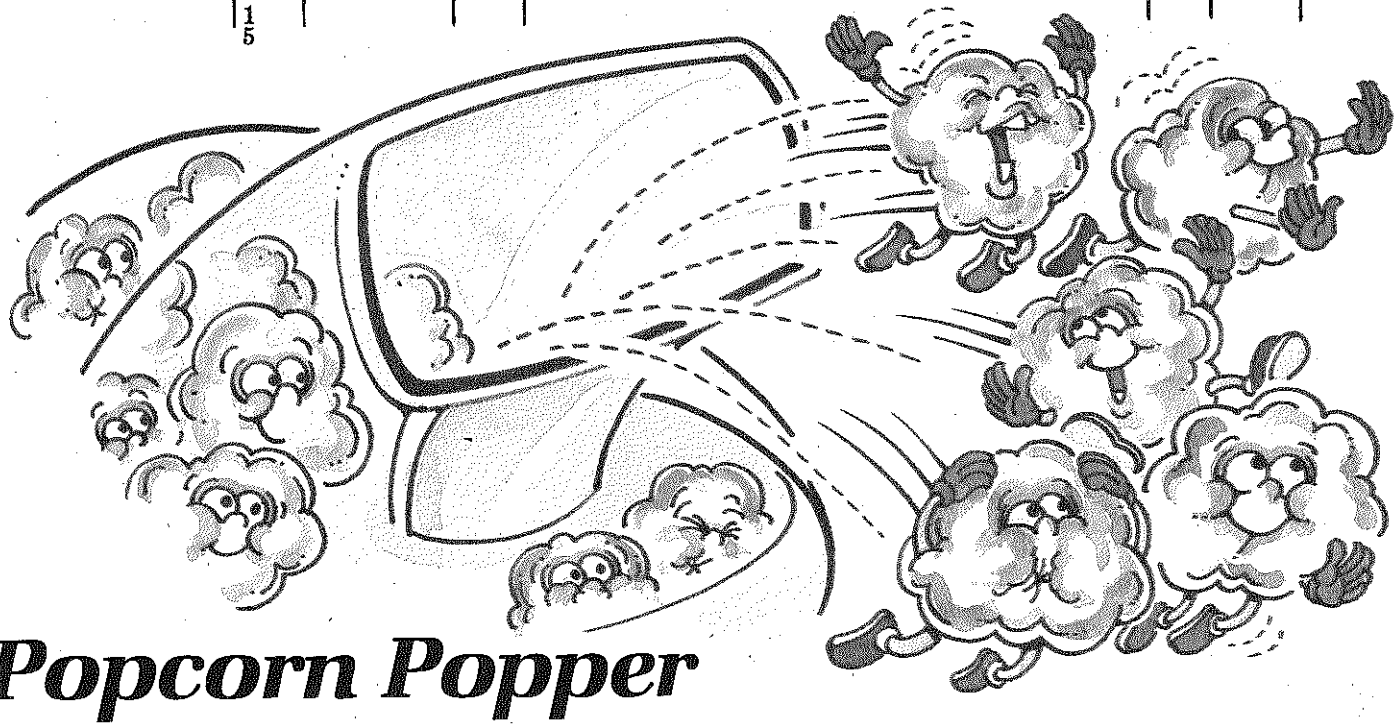


Play the staccato notes softer than the legato notes.

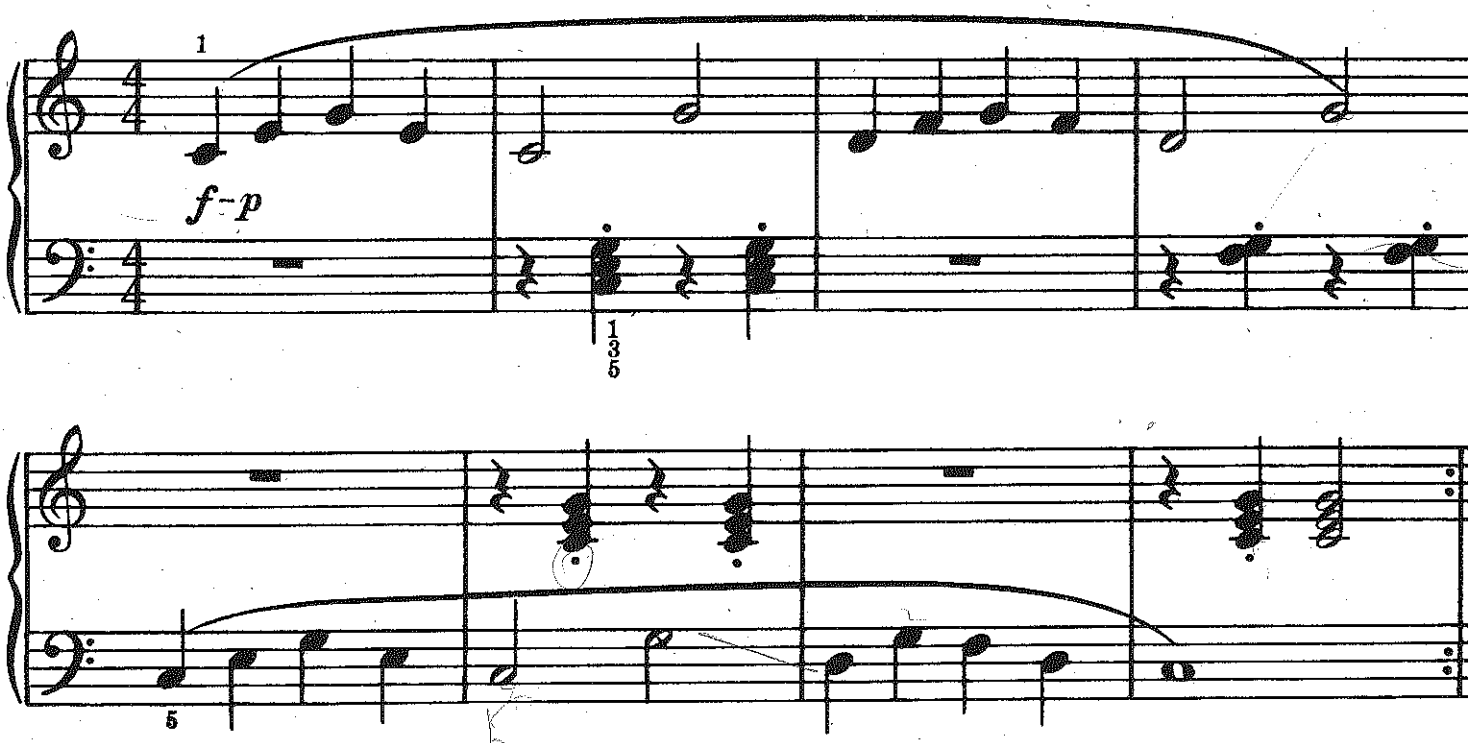


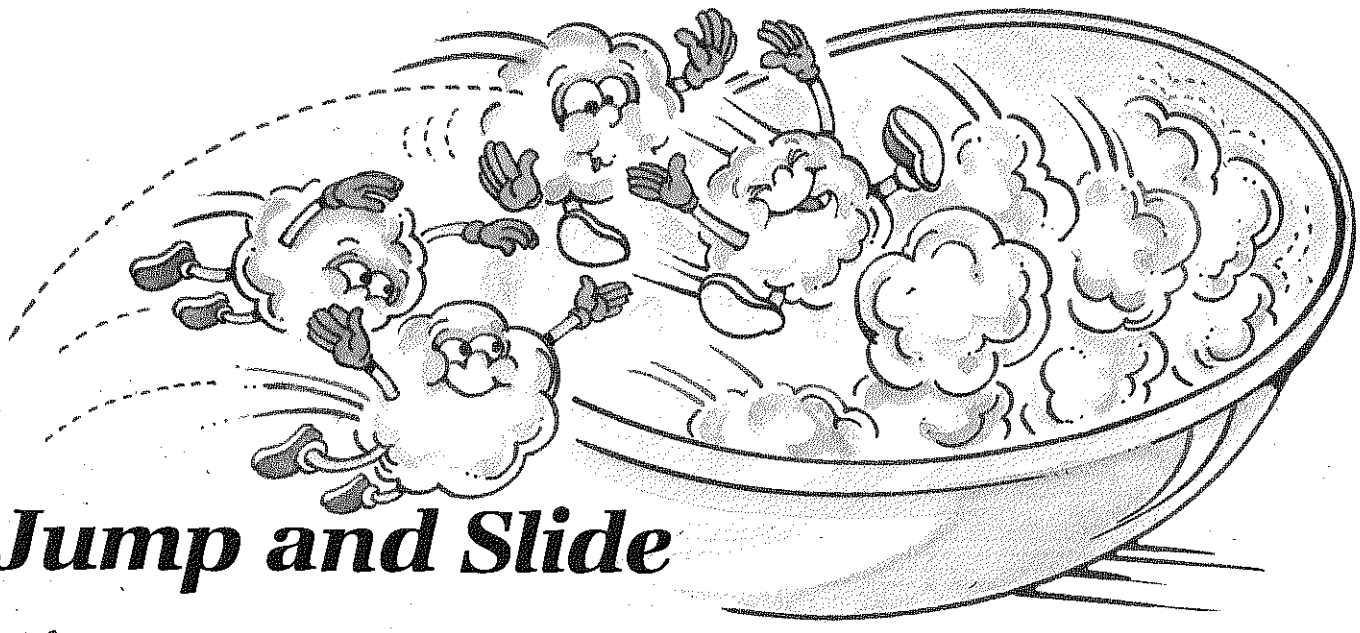
Pop, Pop!



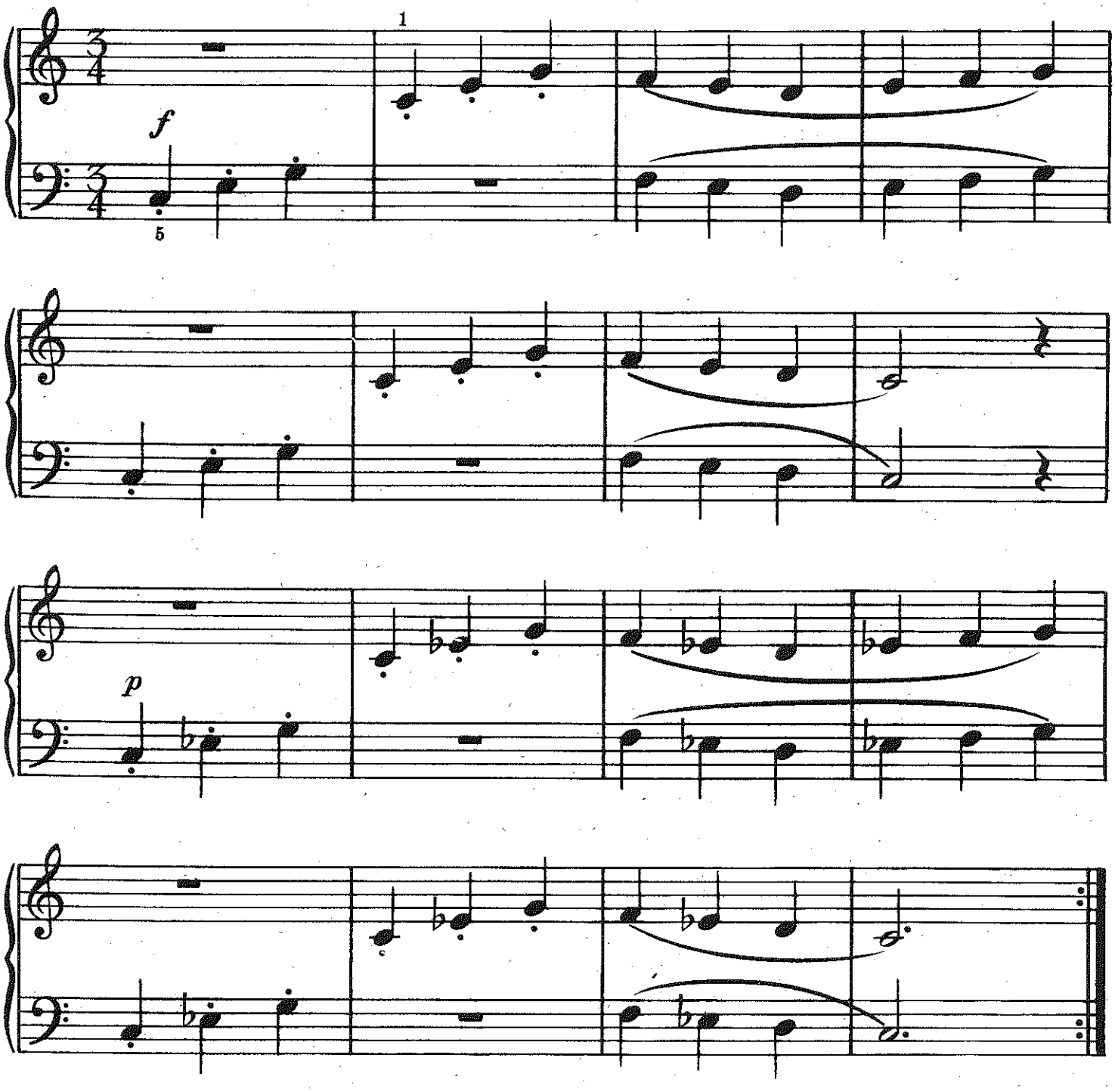


Popcorn Popper

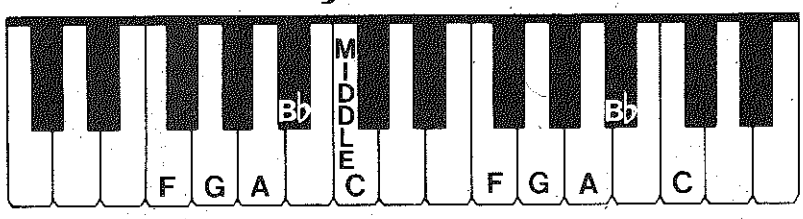


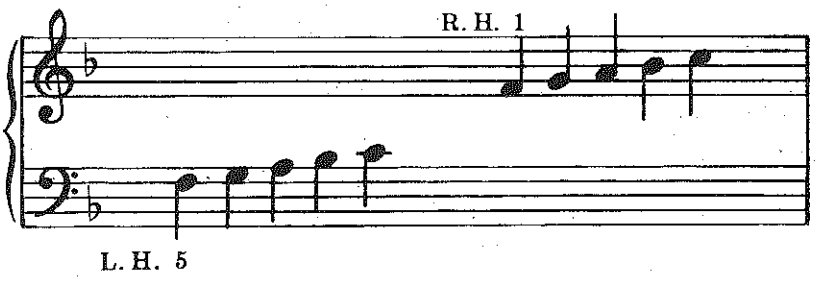


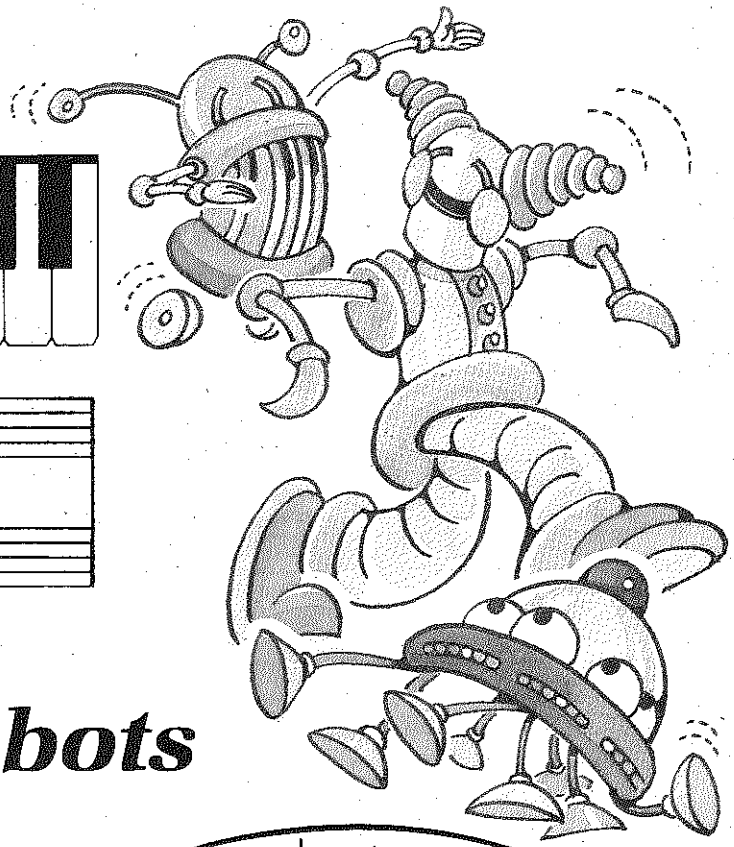
Jump and Slide



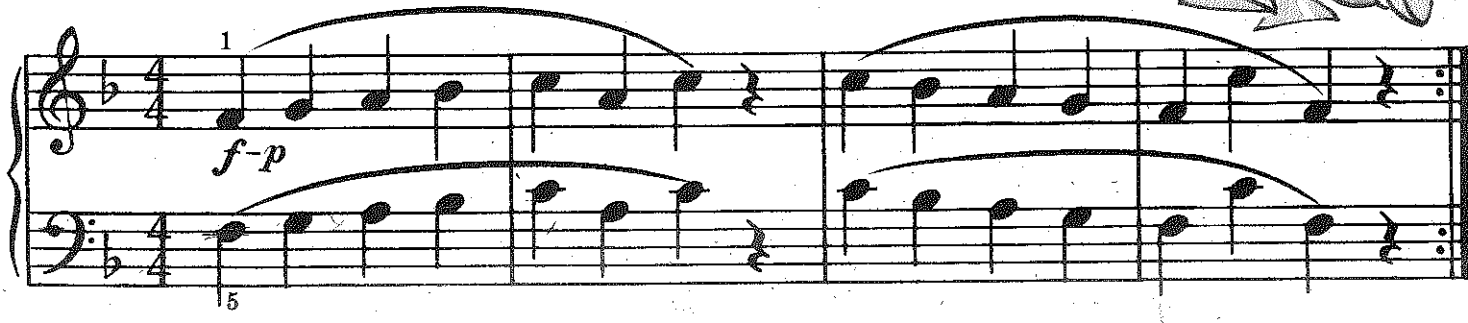
F Major Position

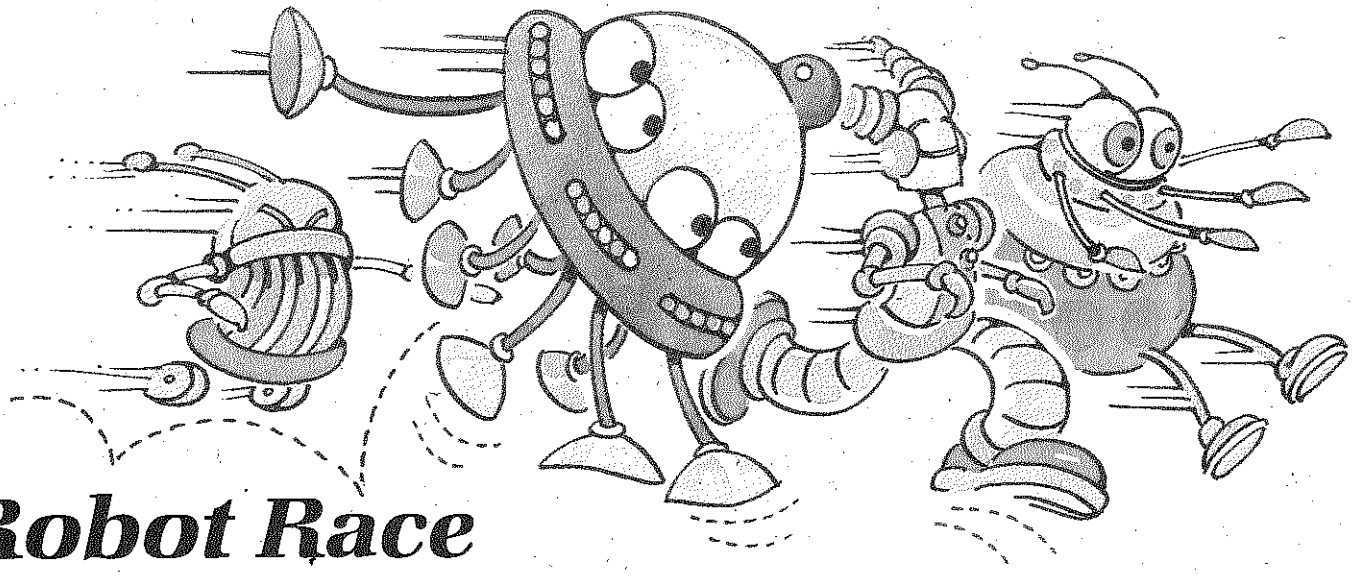




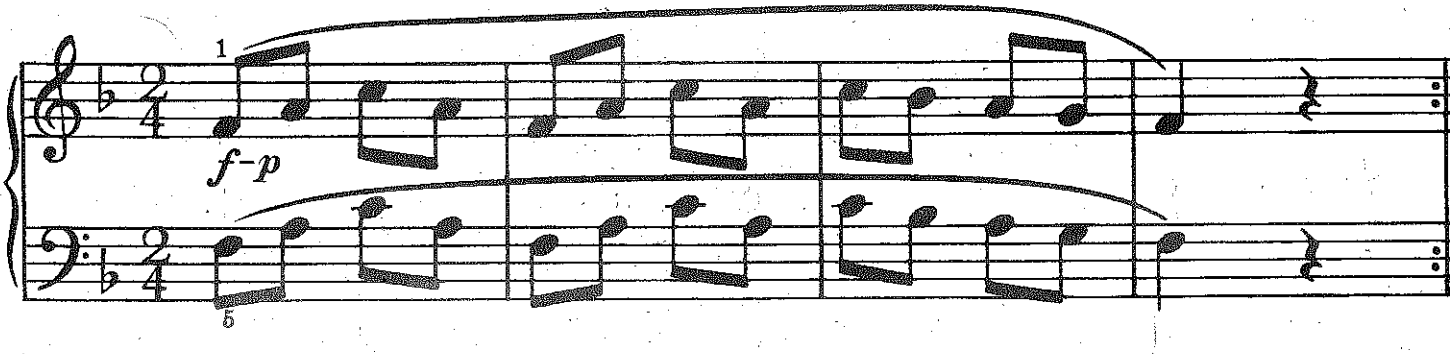


March of the Robots

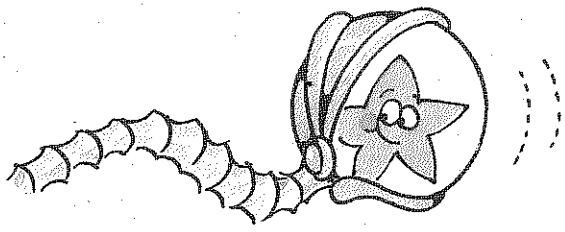


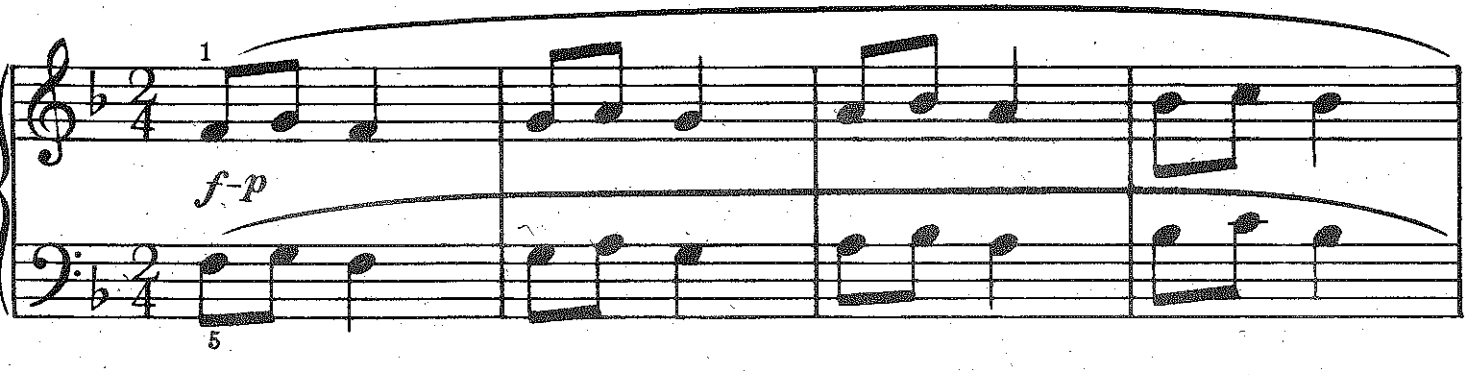


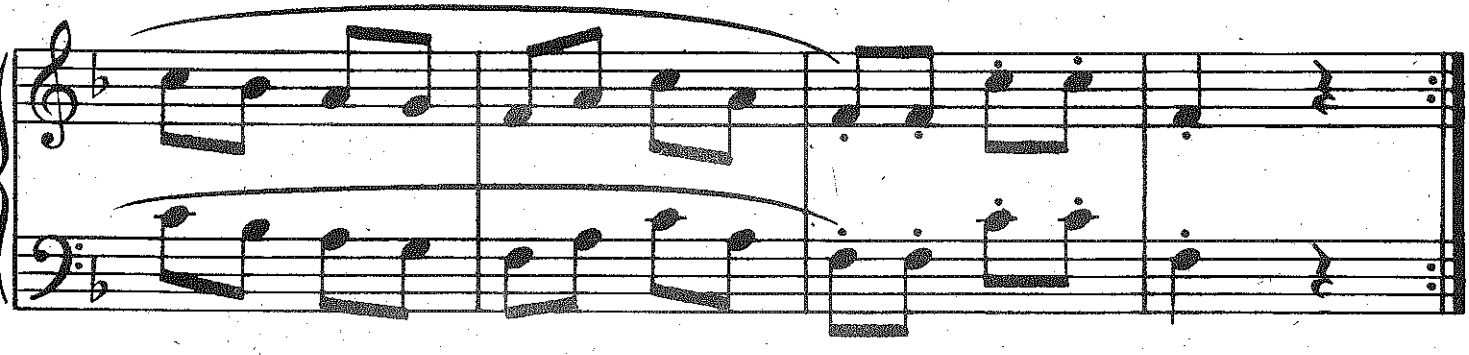
Robot Race



Space Flight

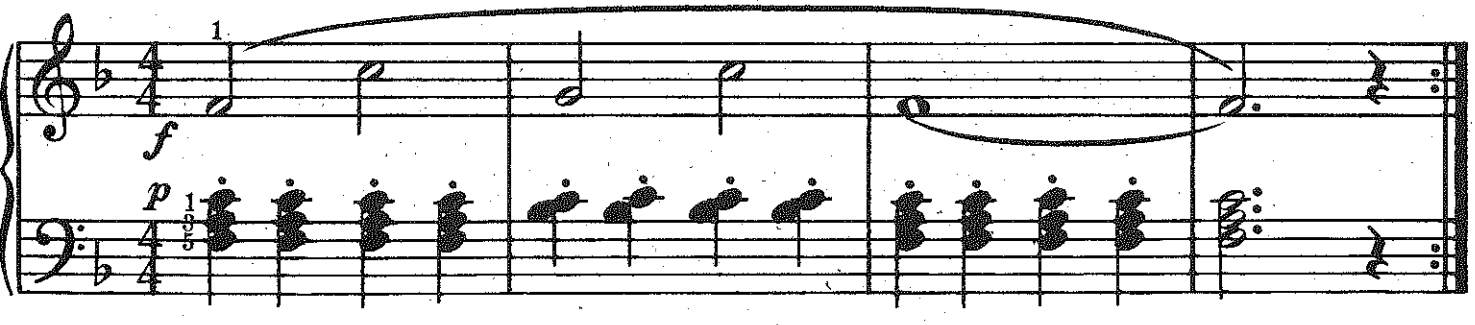




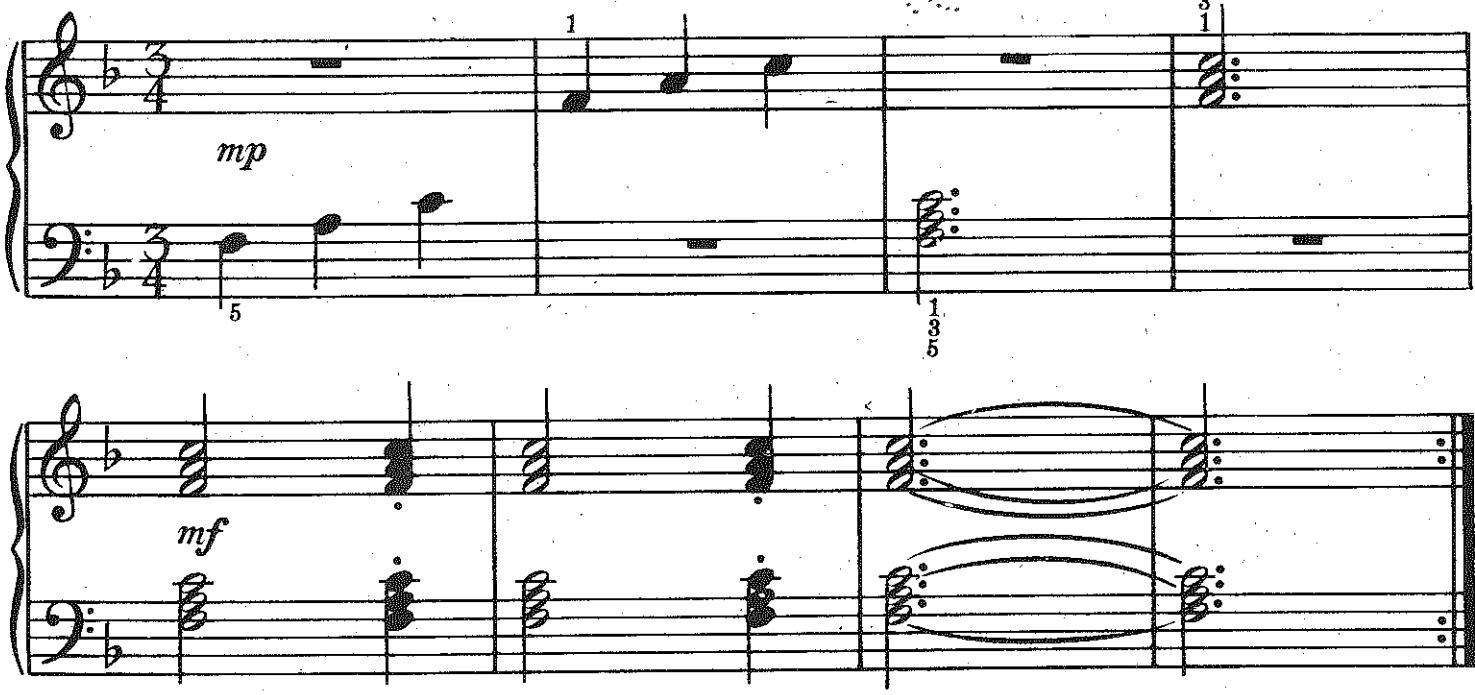


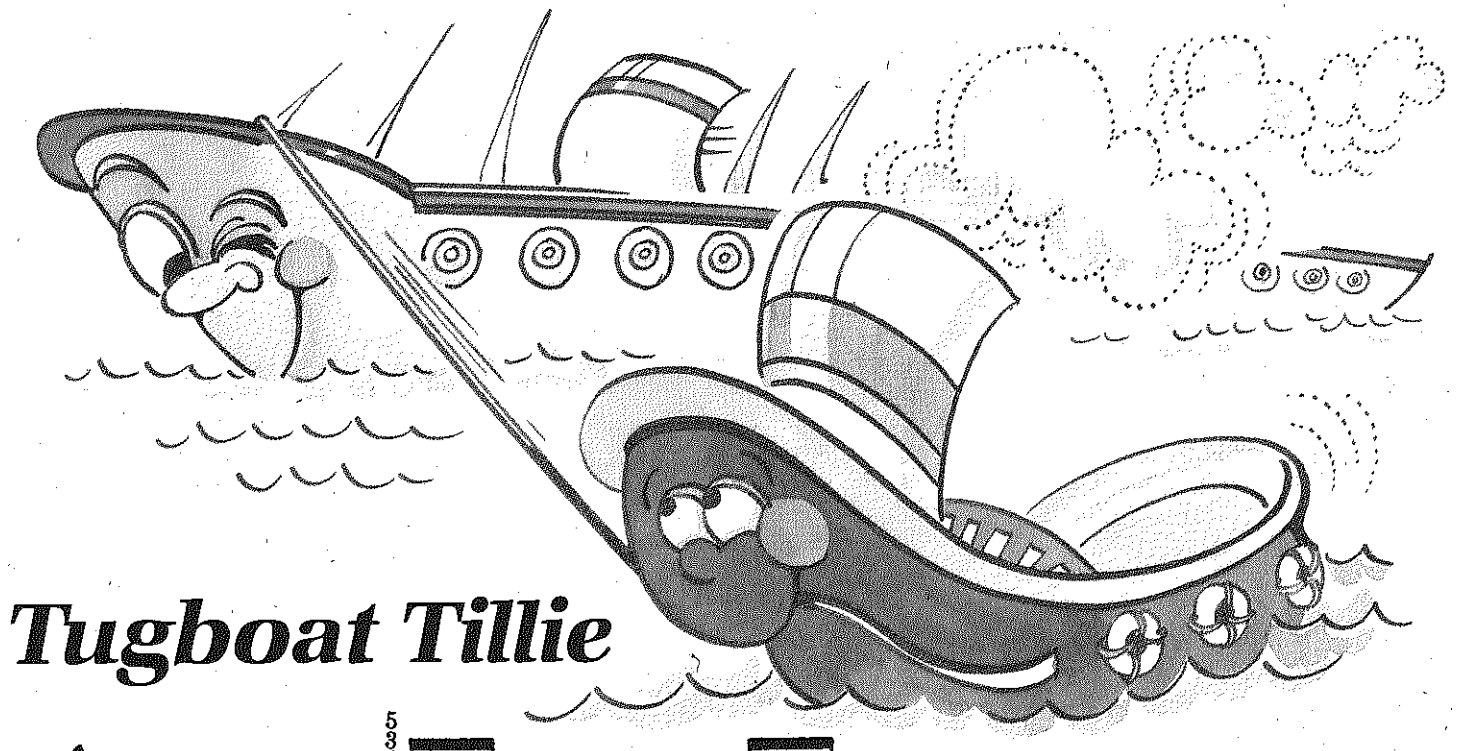
Play the L.H. softer than the R.H.

Moon Walk

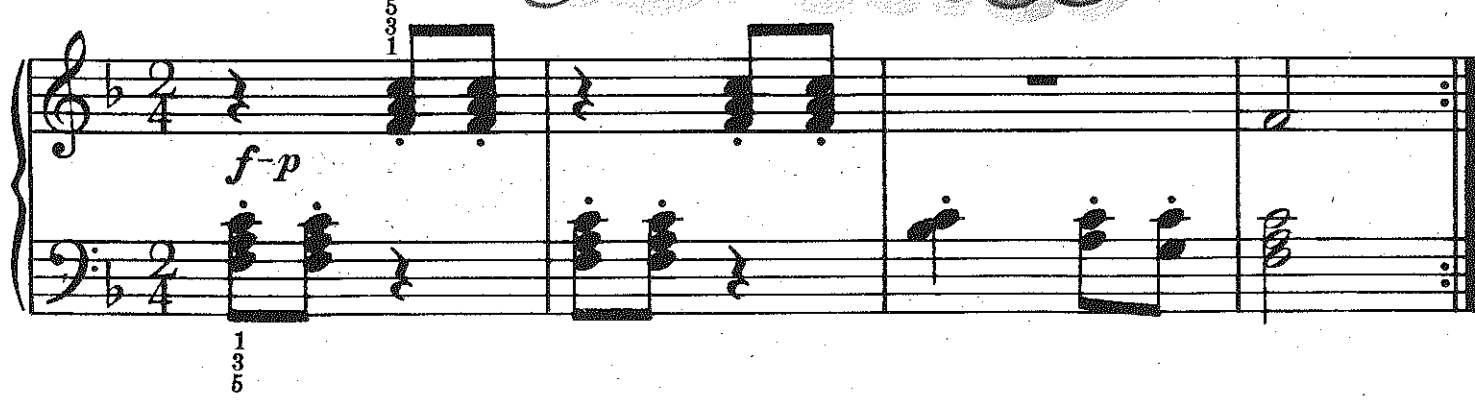


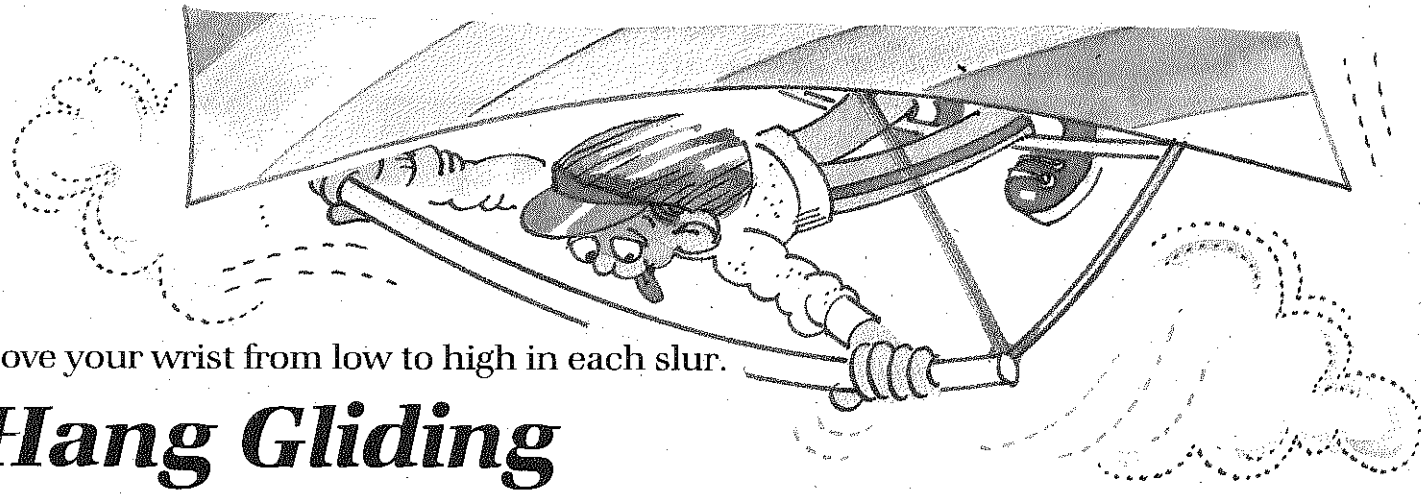
The Supertanker





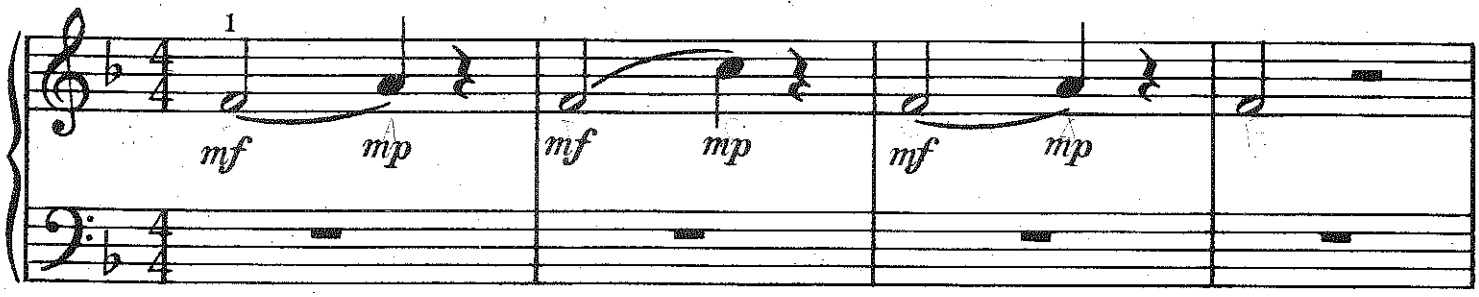
Tugboat Tillie

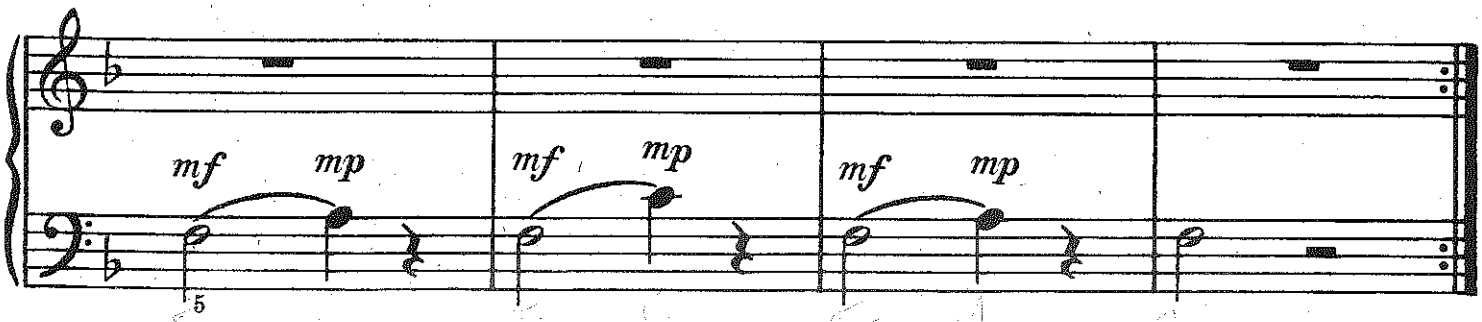


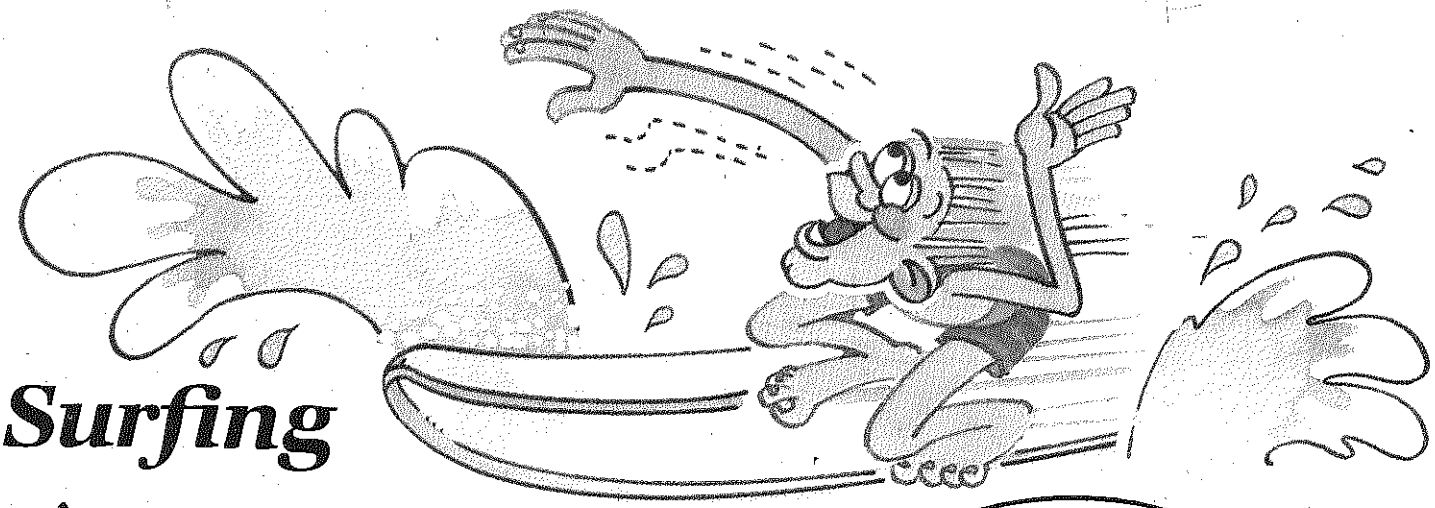


Move your wrist from low to high in each slur.

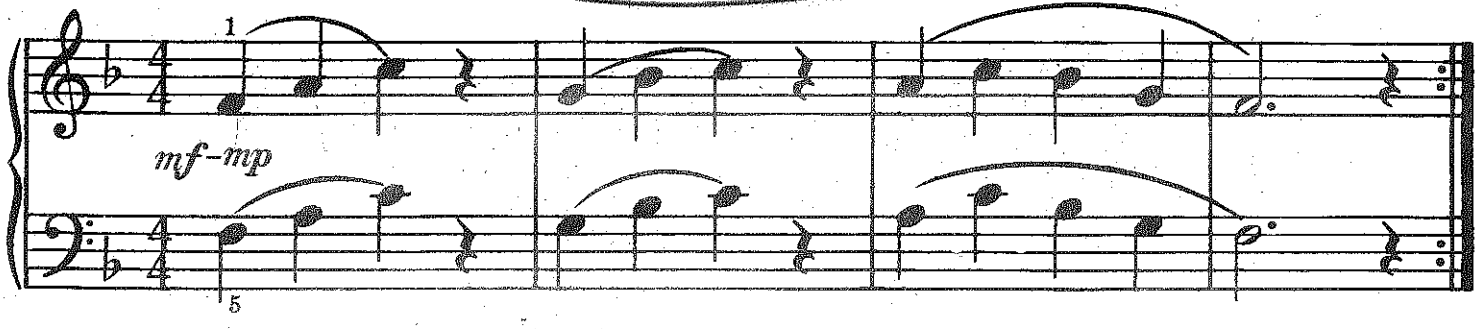
Hang Gliding



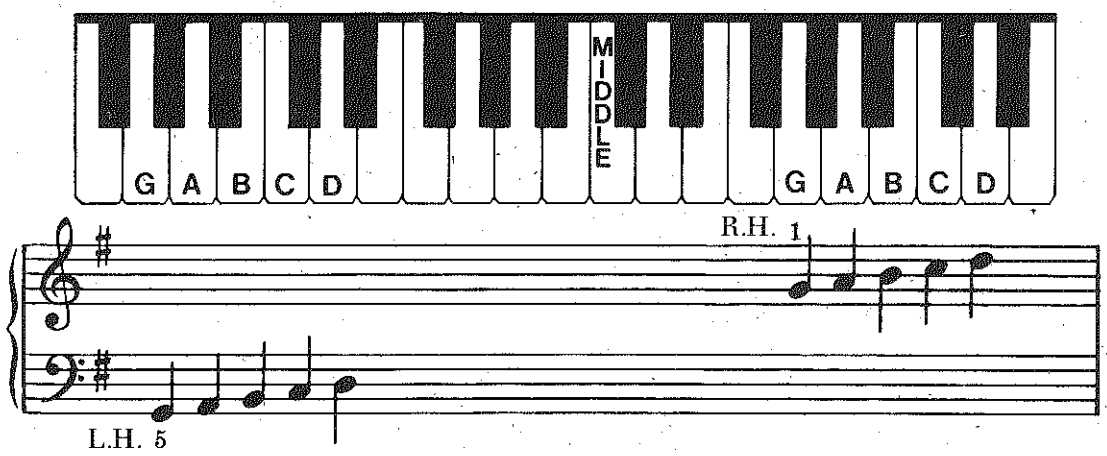




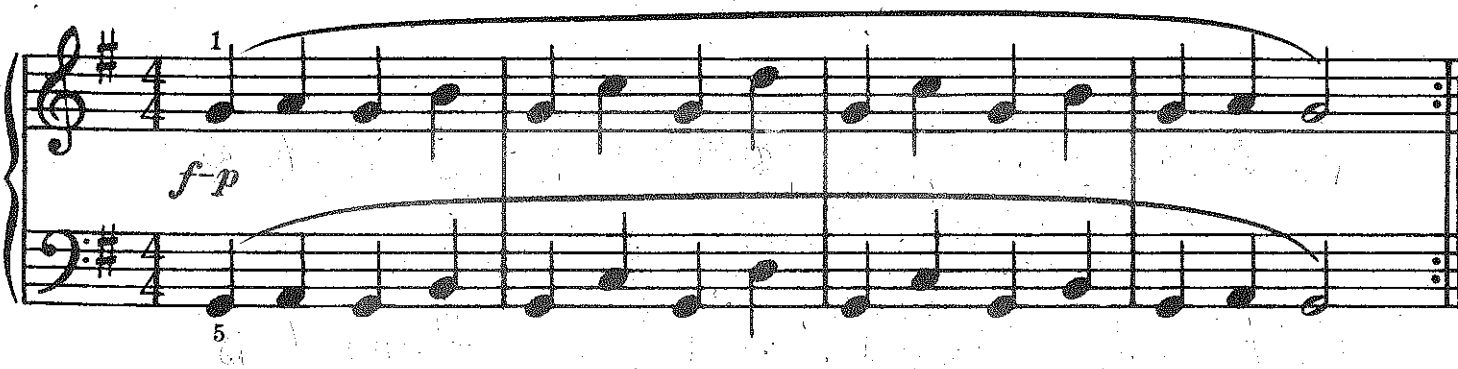
Surfing



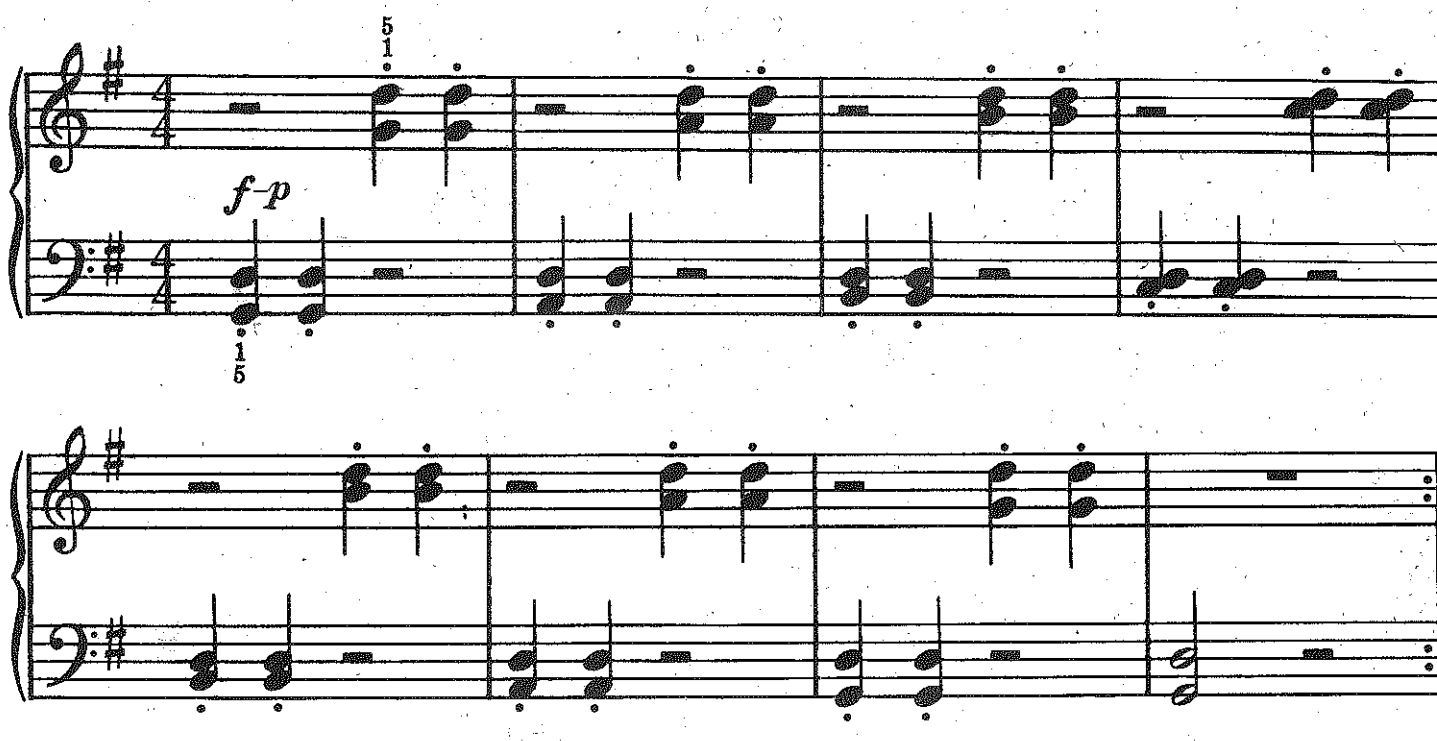
G Major Position



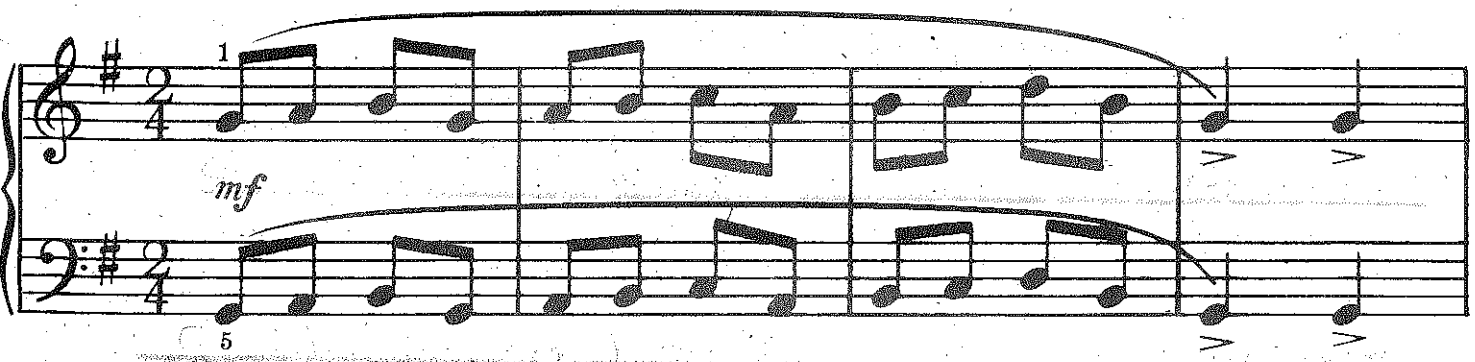
Gliding Intervals

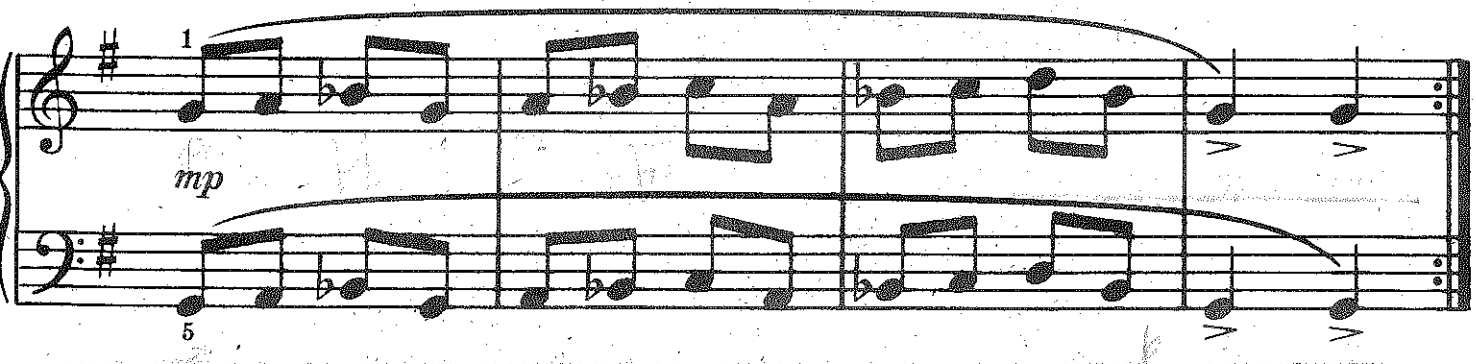


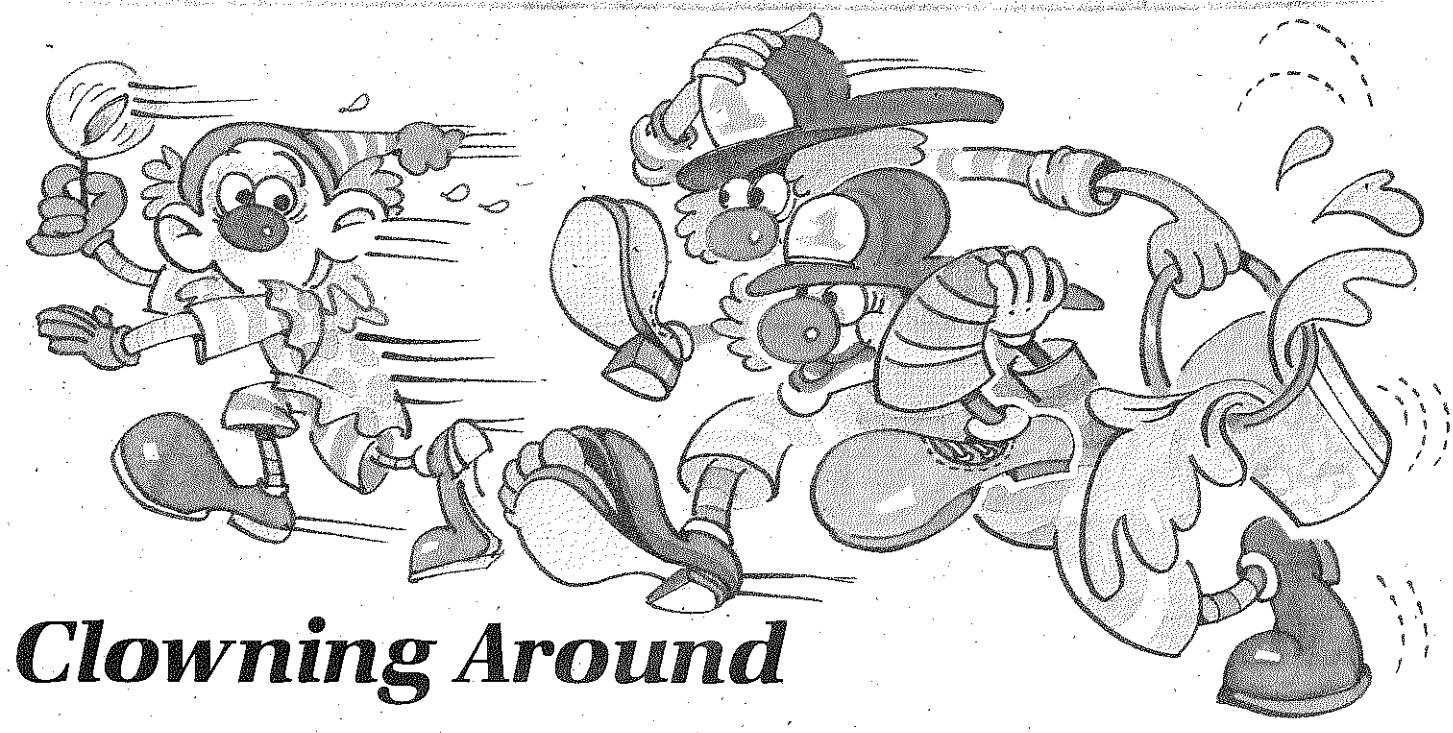
Bouncing Intervals



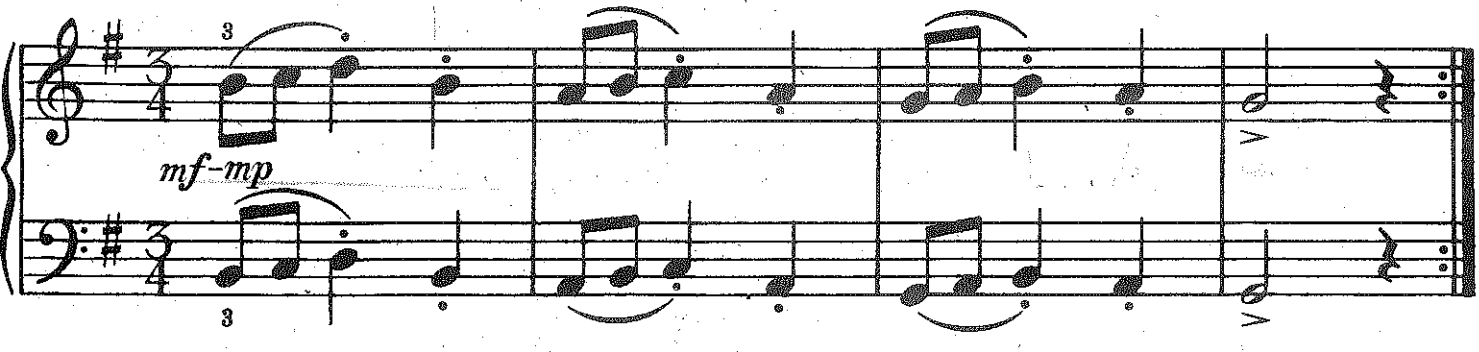
Funny Clowns



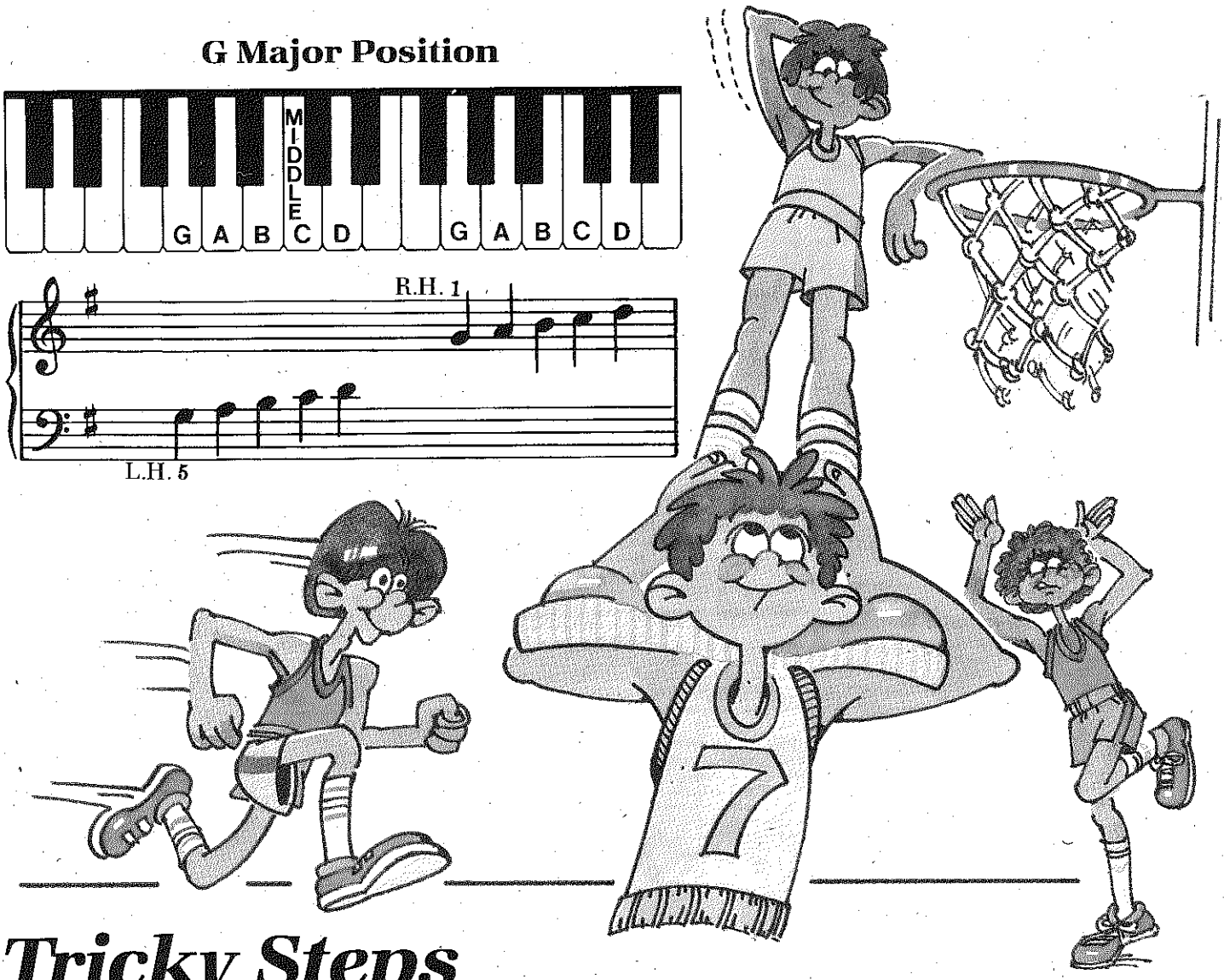




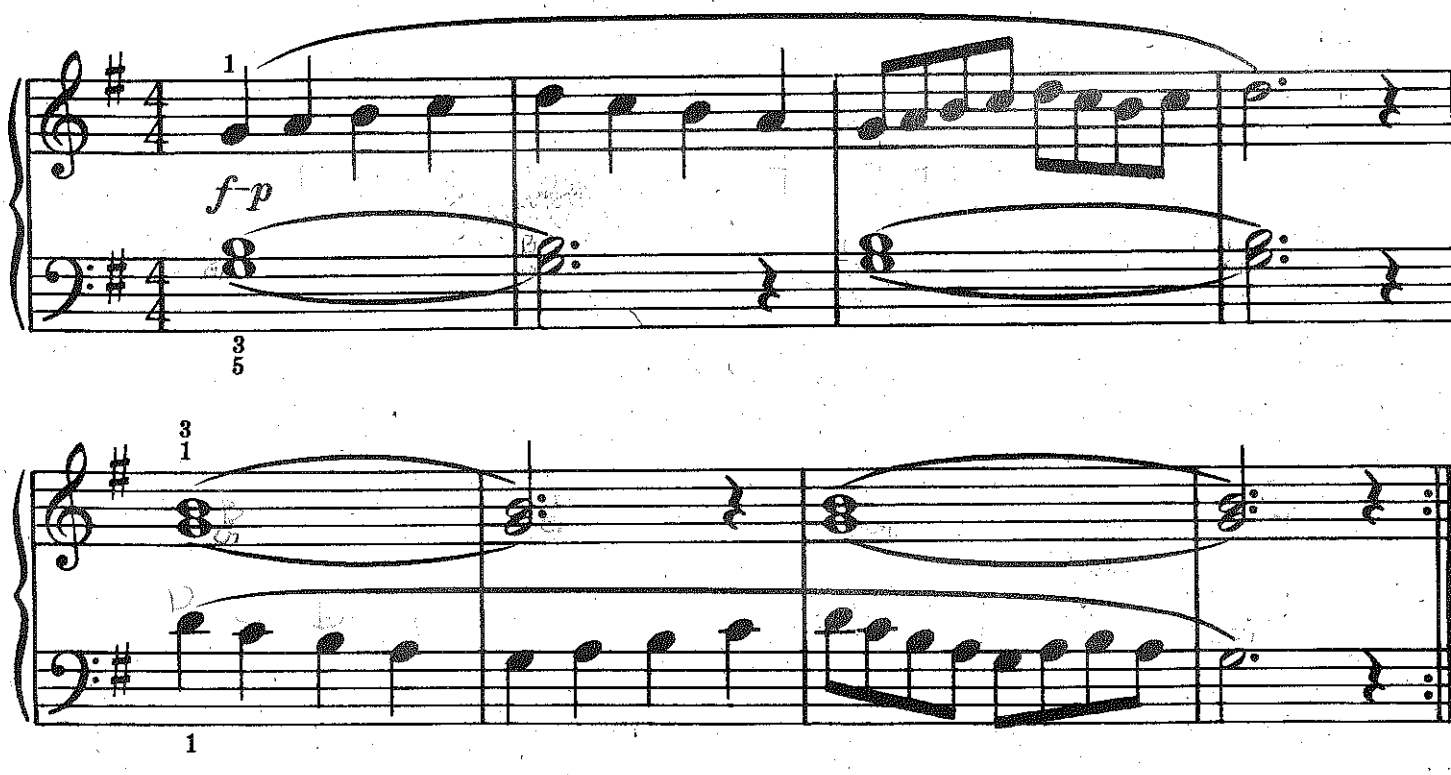
Clowning Around



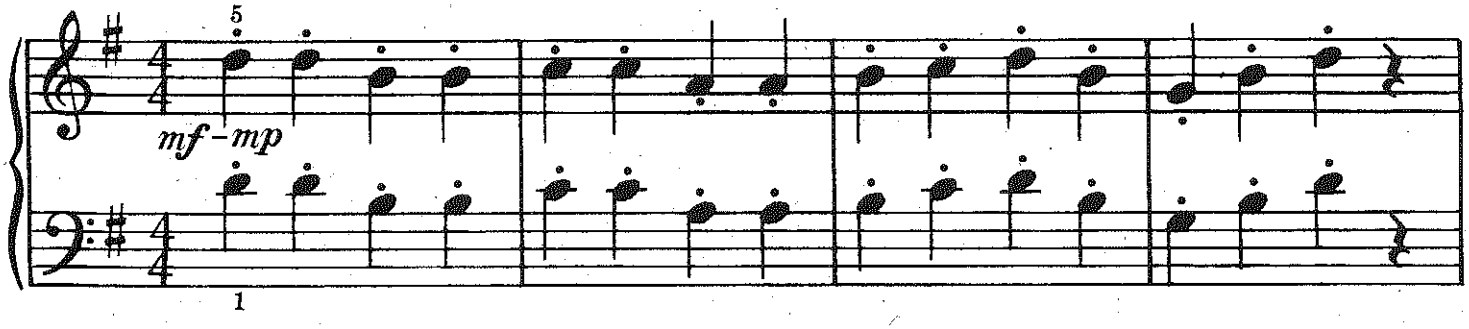
G Major Position

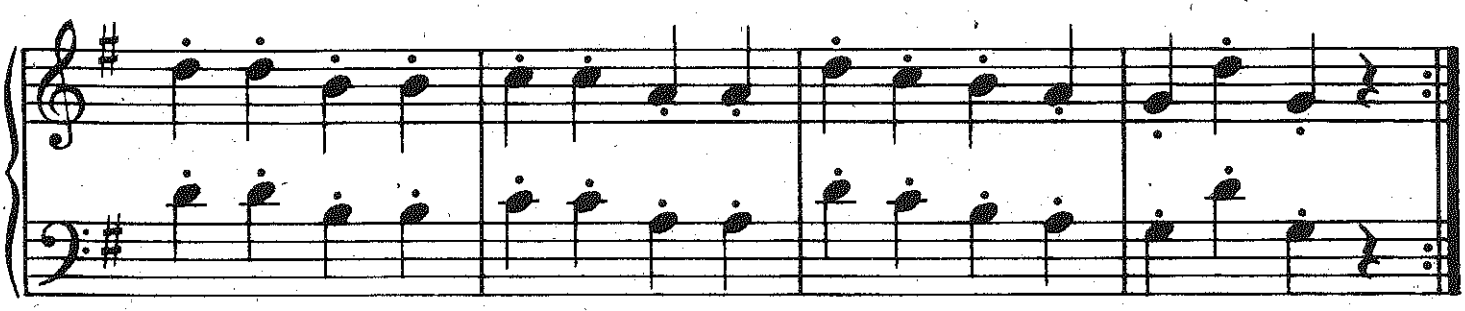


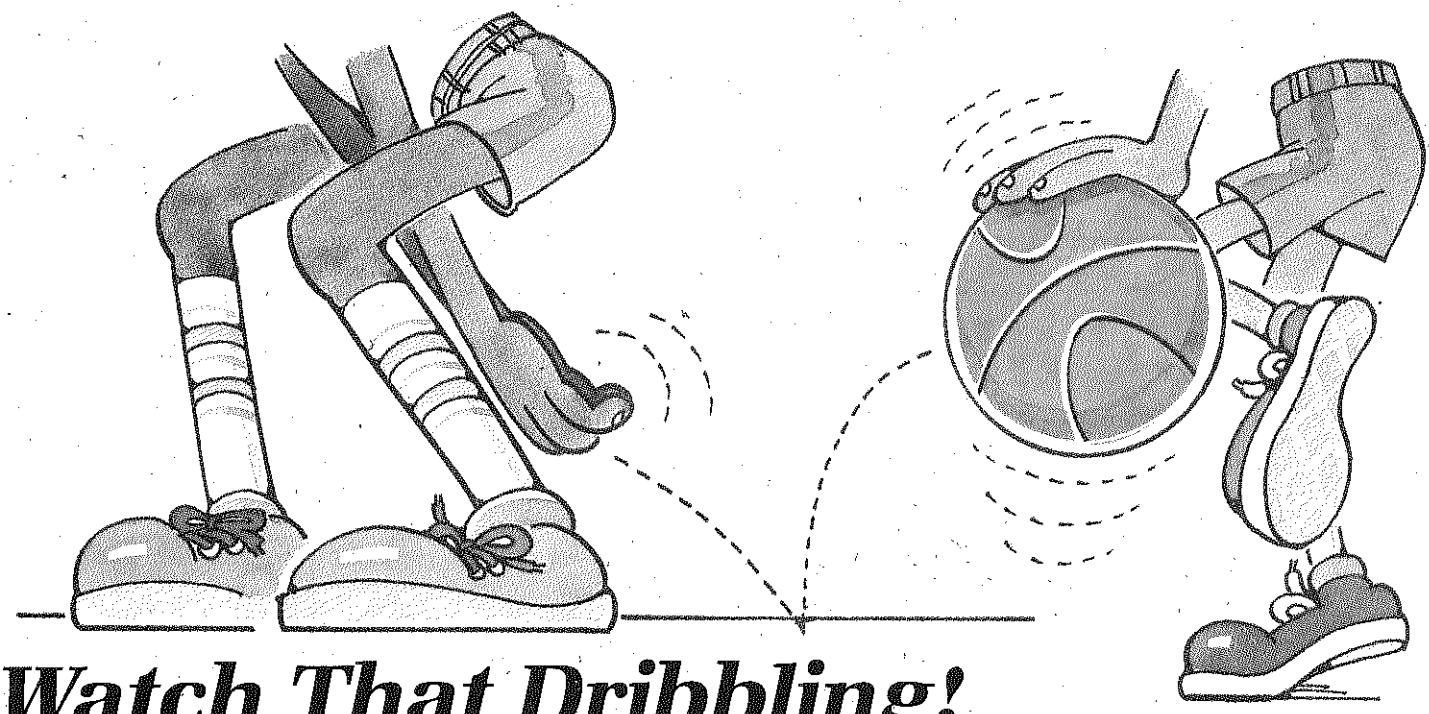
Tricky Steps



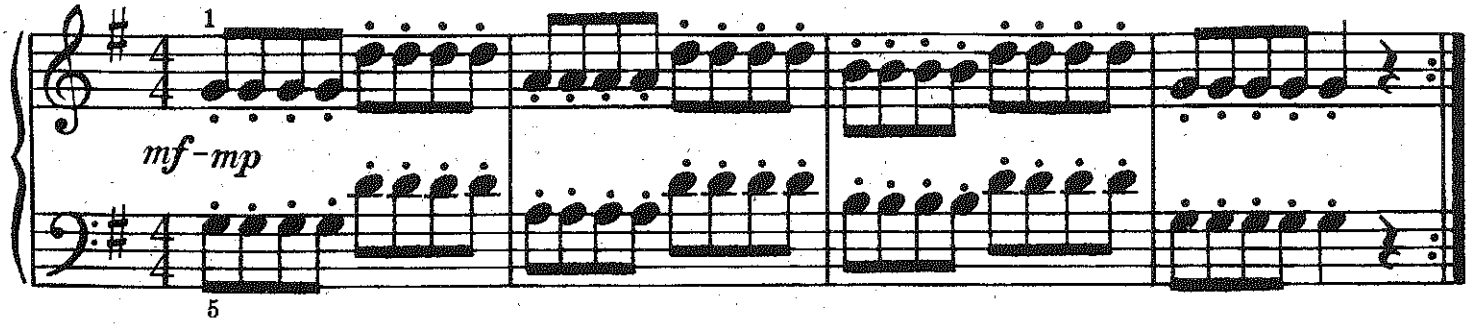
The Basketball Game



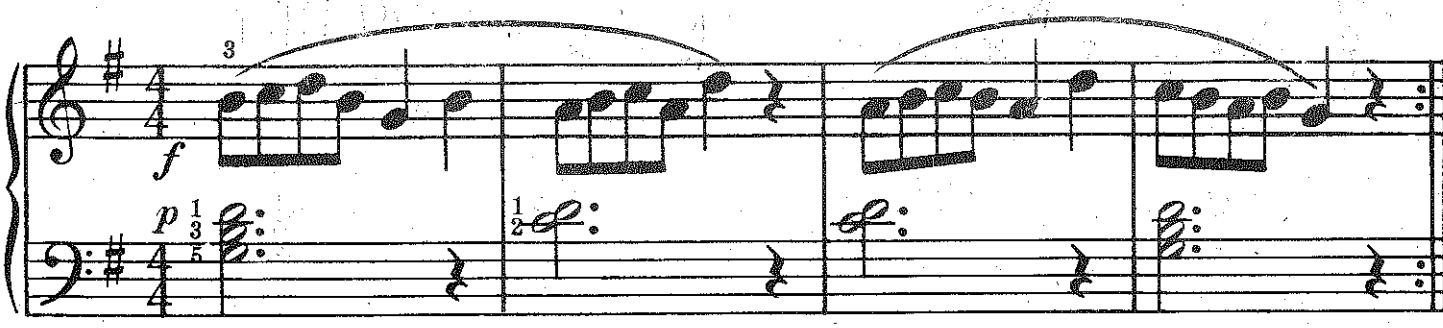


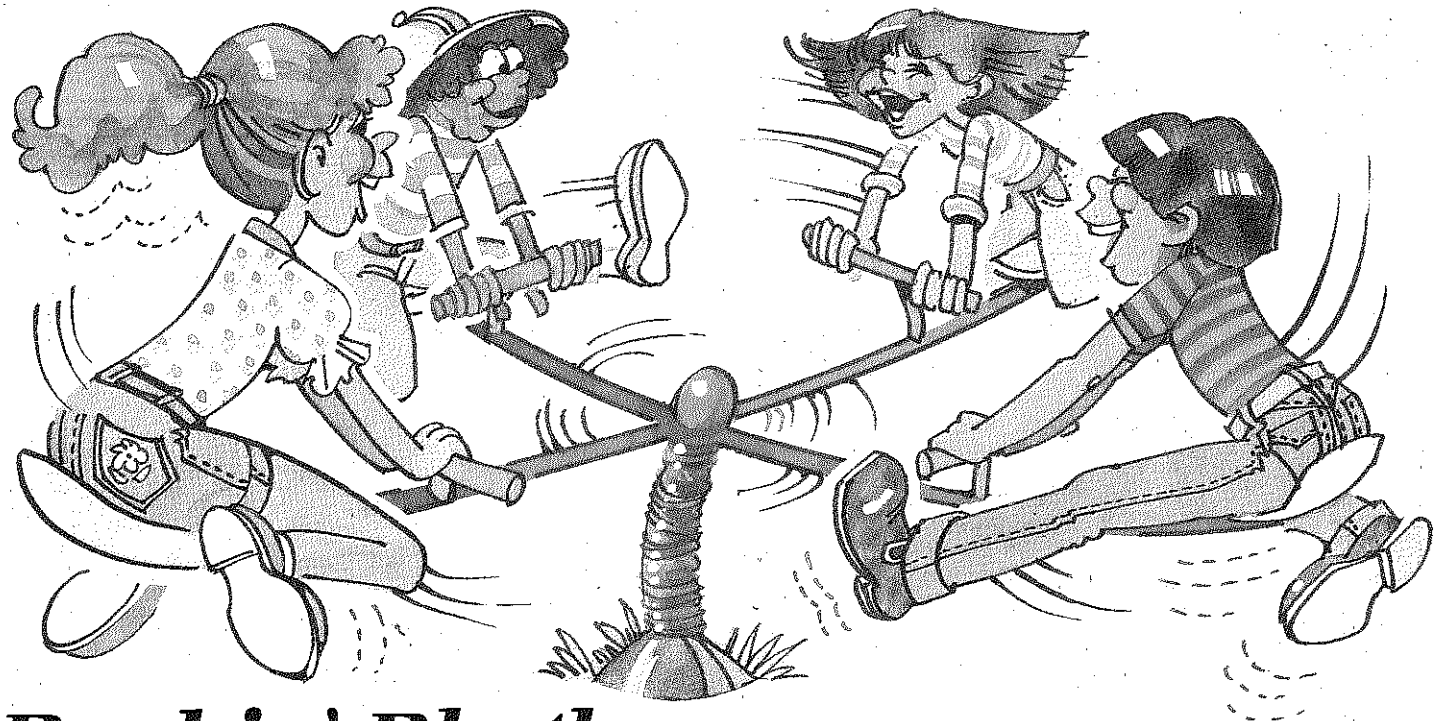


Watch That Dribbling!

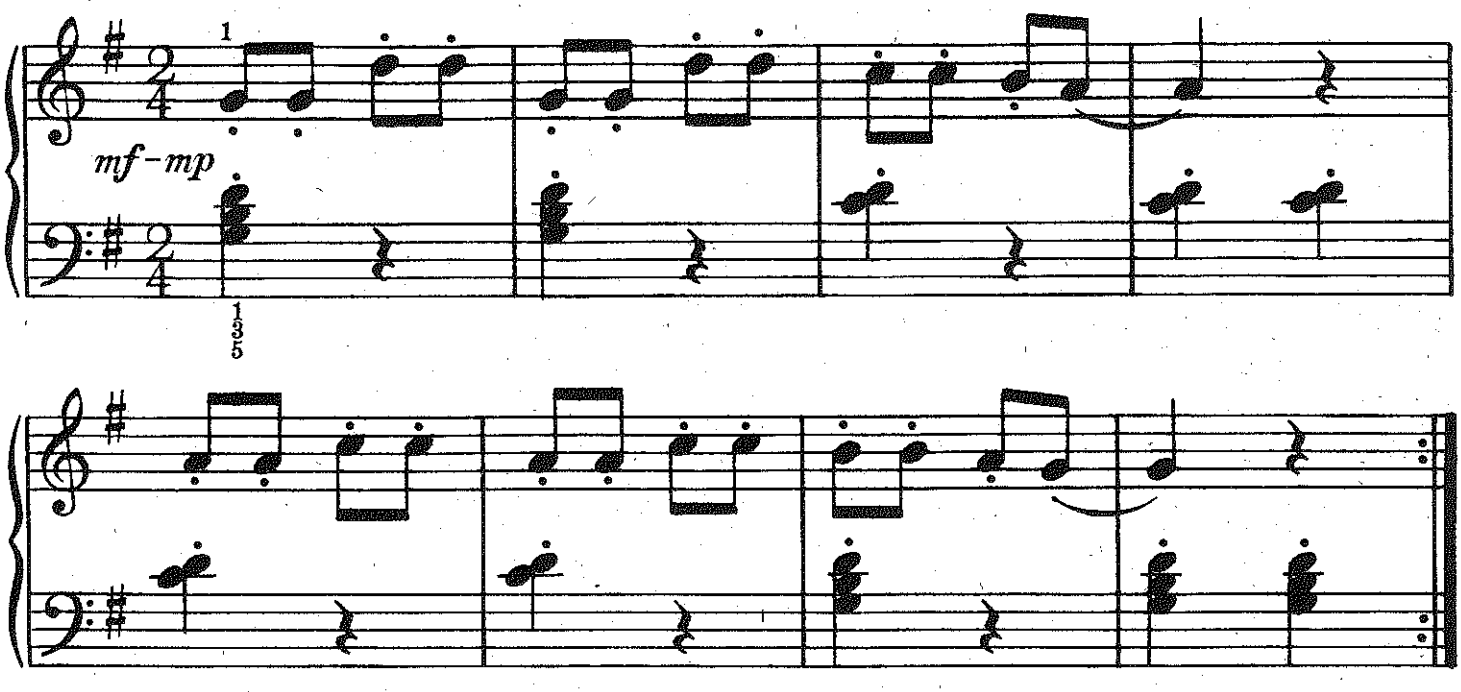


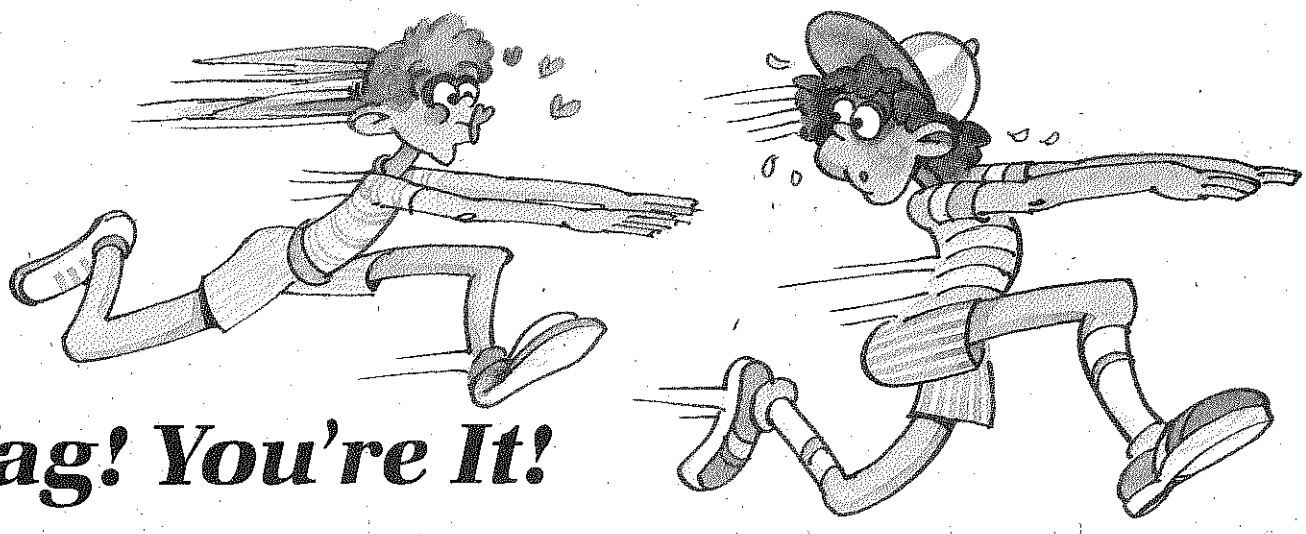
Let's Dance



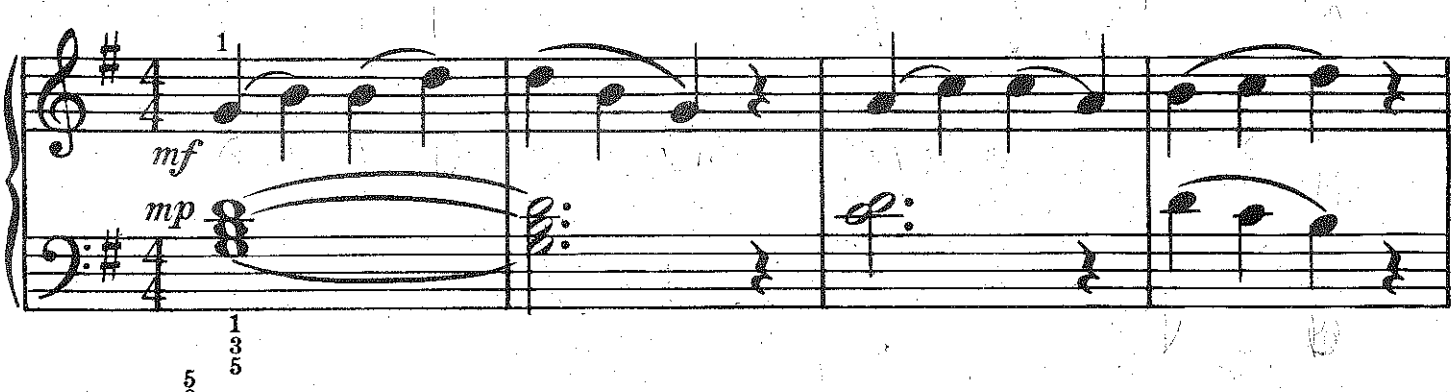


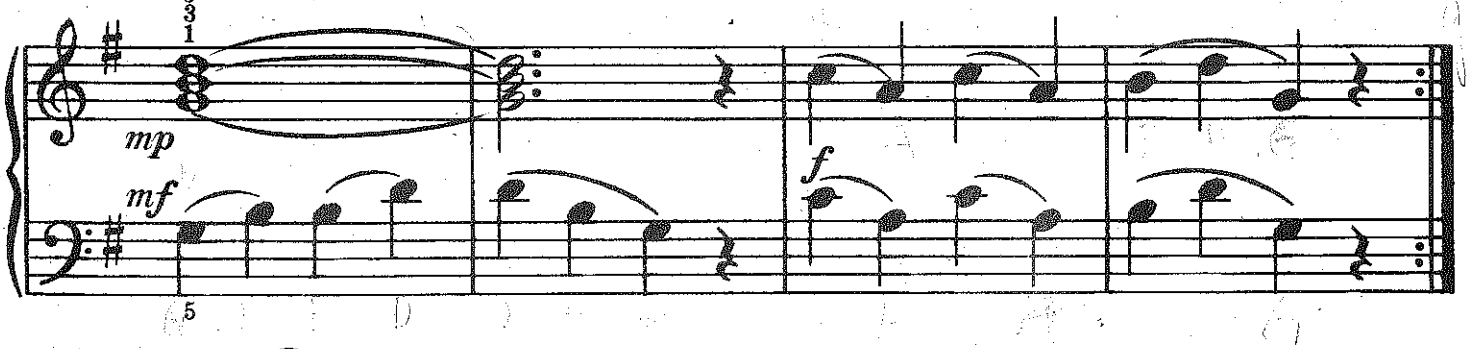
Rockin' Rhythm



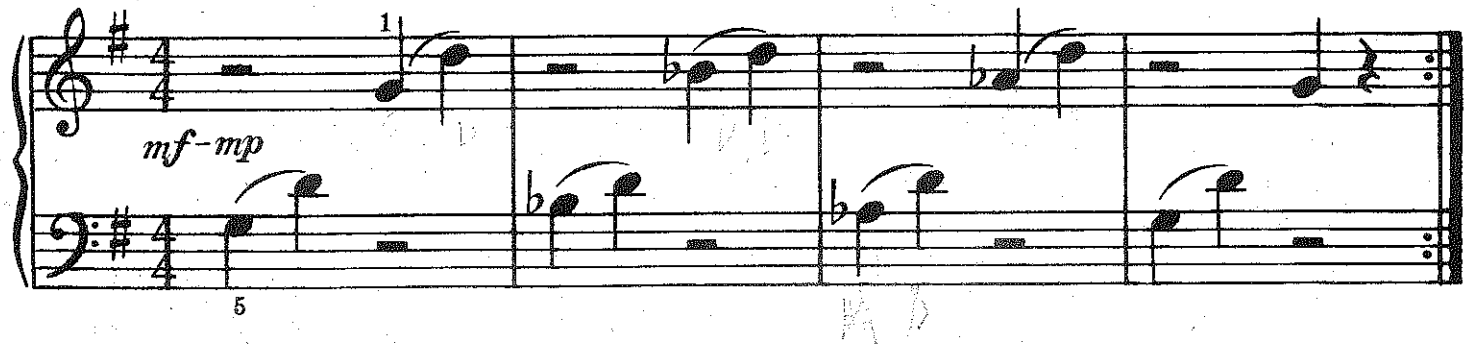


Tag! You're It!



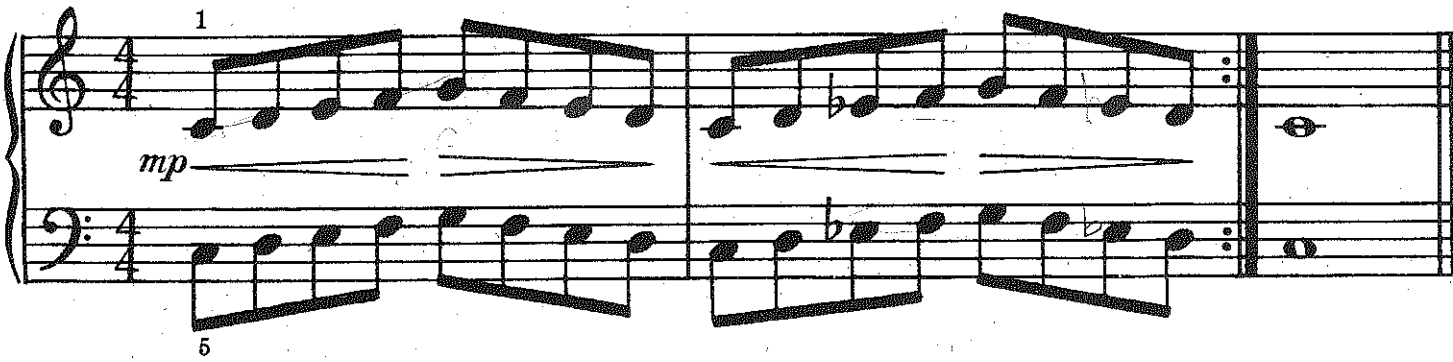


Follow the Leader

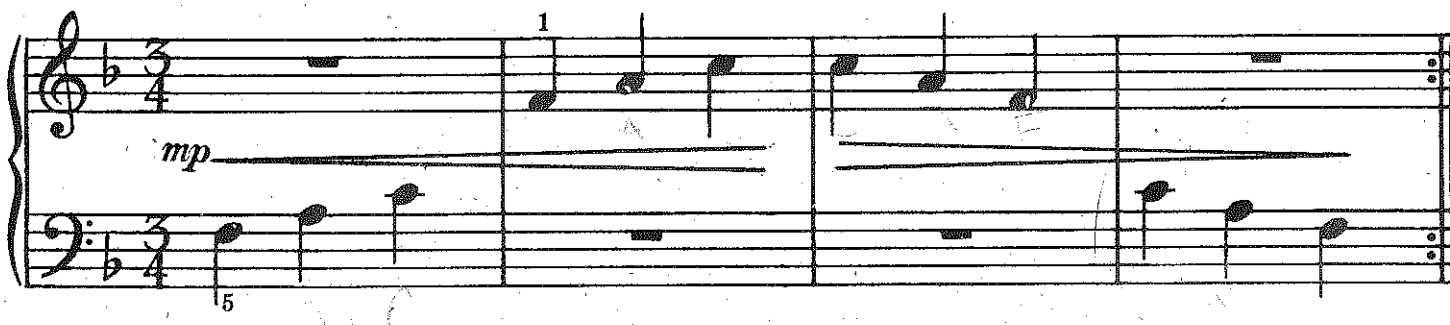


Ocean Waves

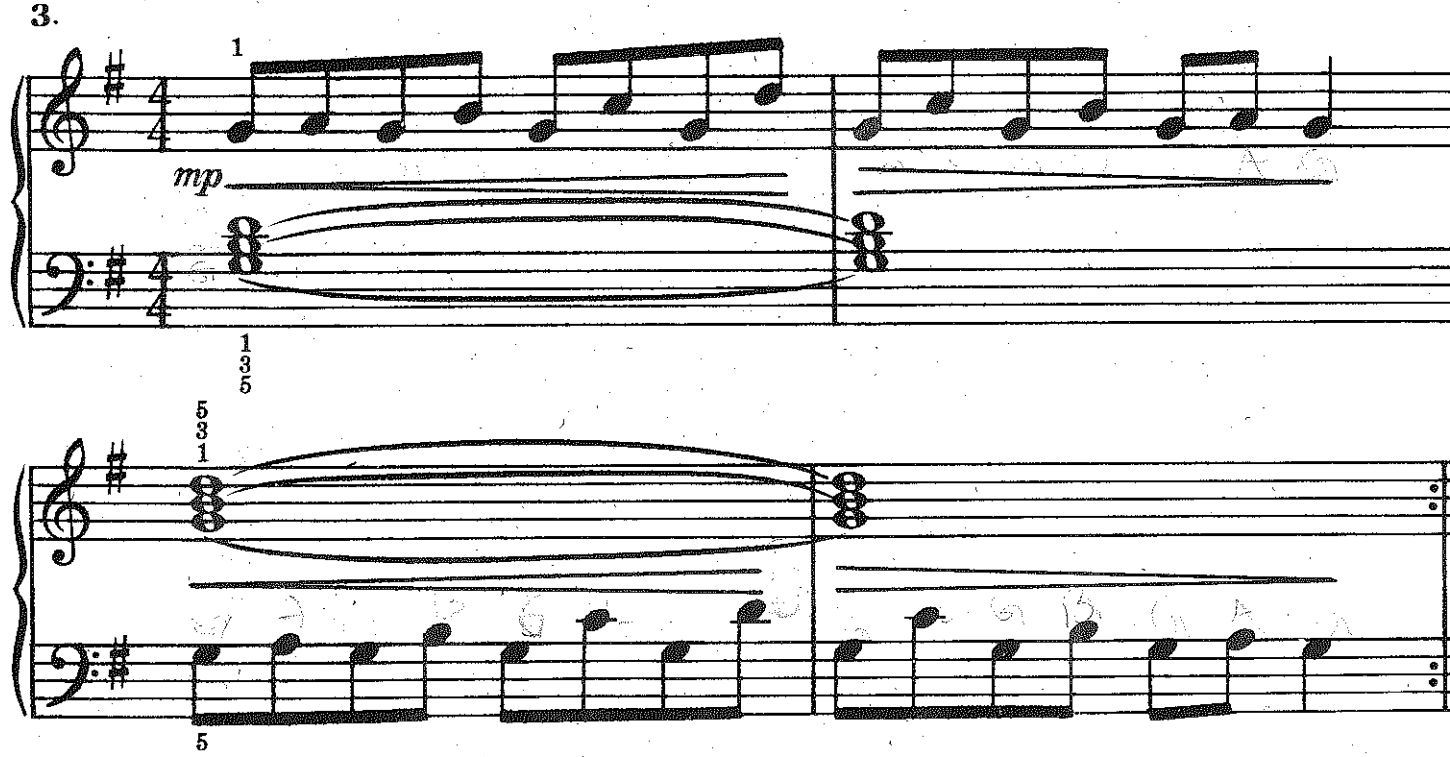
1.

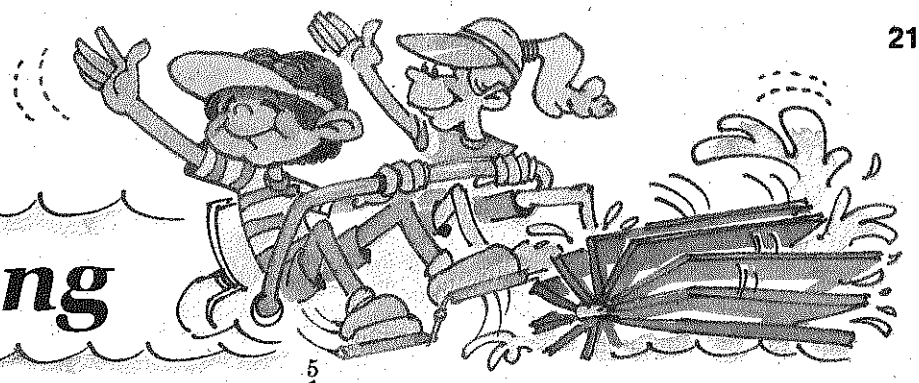


2.



3.





Pedaling Along

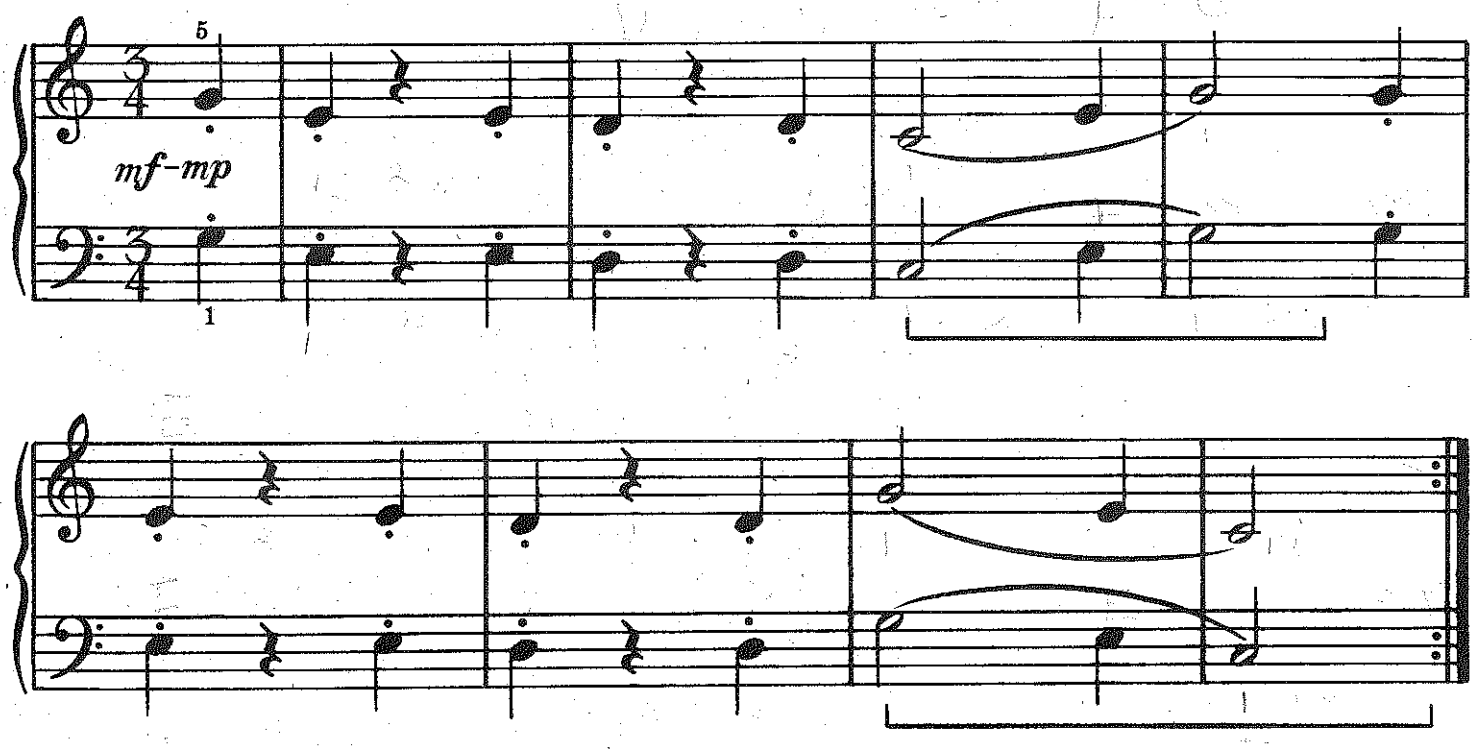
mf *mp*

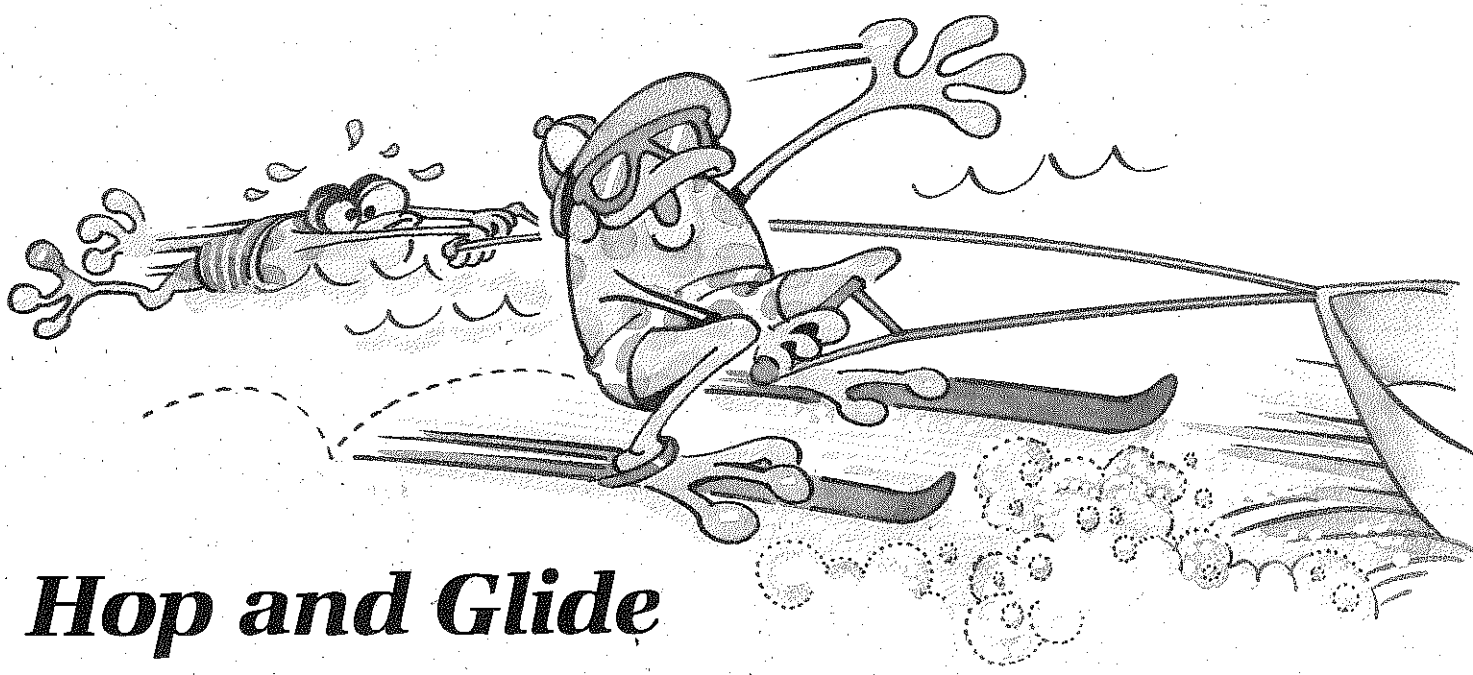
mf *mp*

mf *mp*

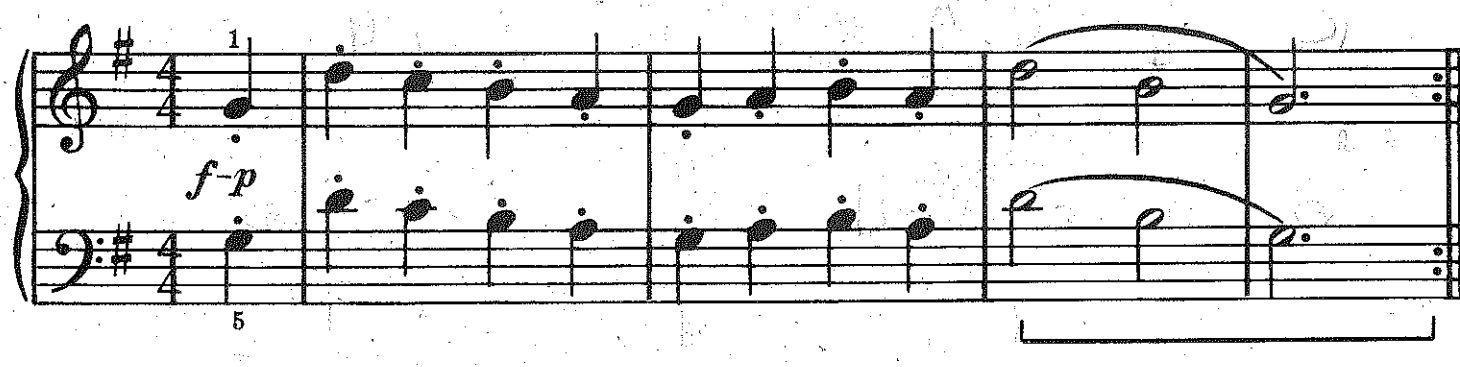
mp *l. h.*

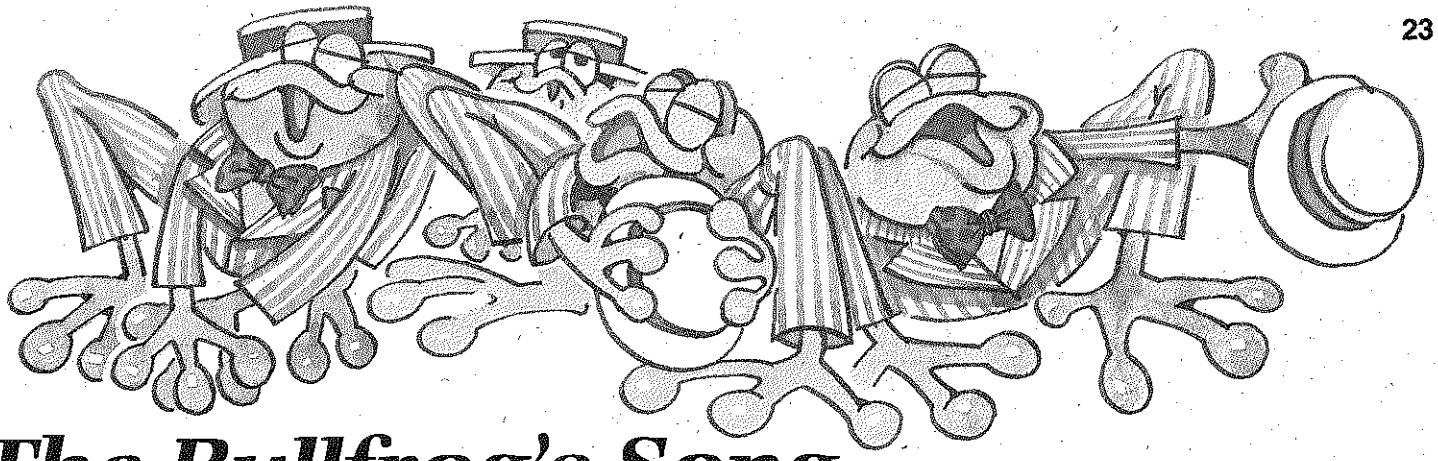
Hop and Slide



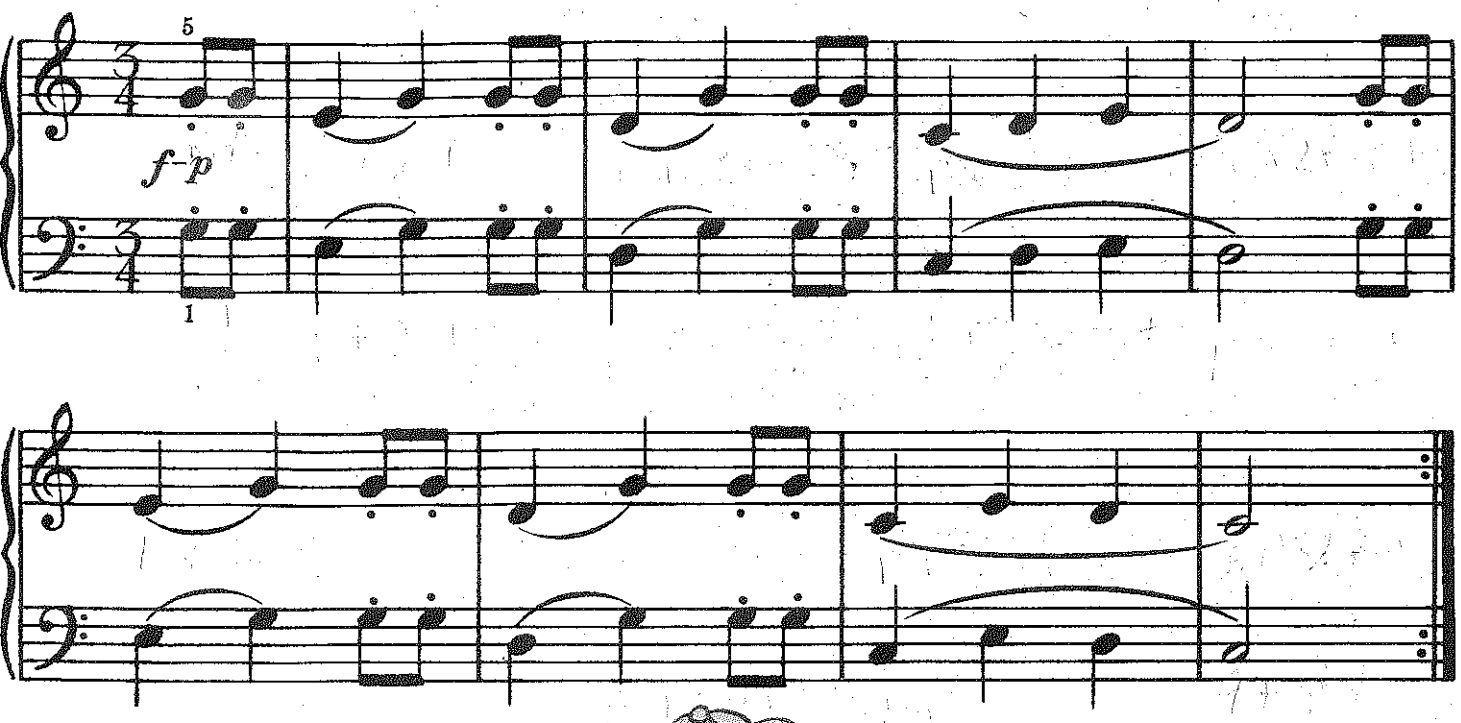


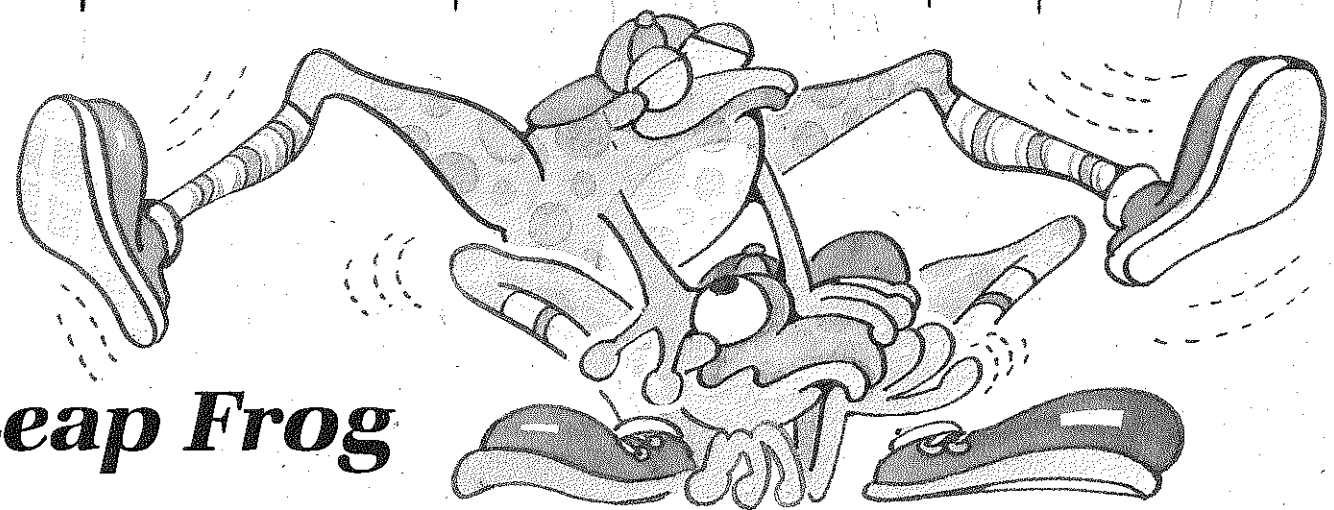
Hop and Glide



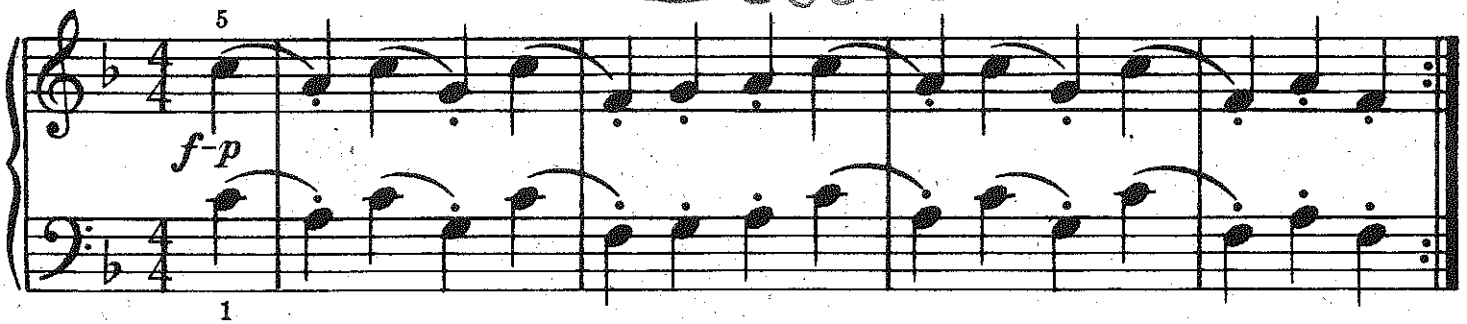


The Bullfrog's Song

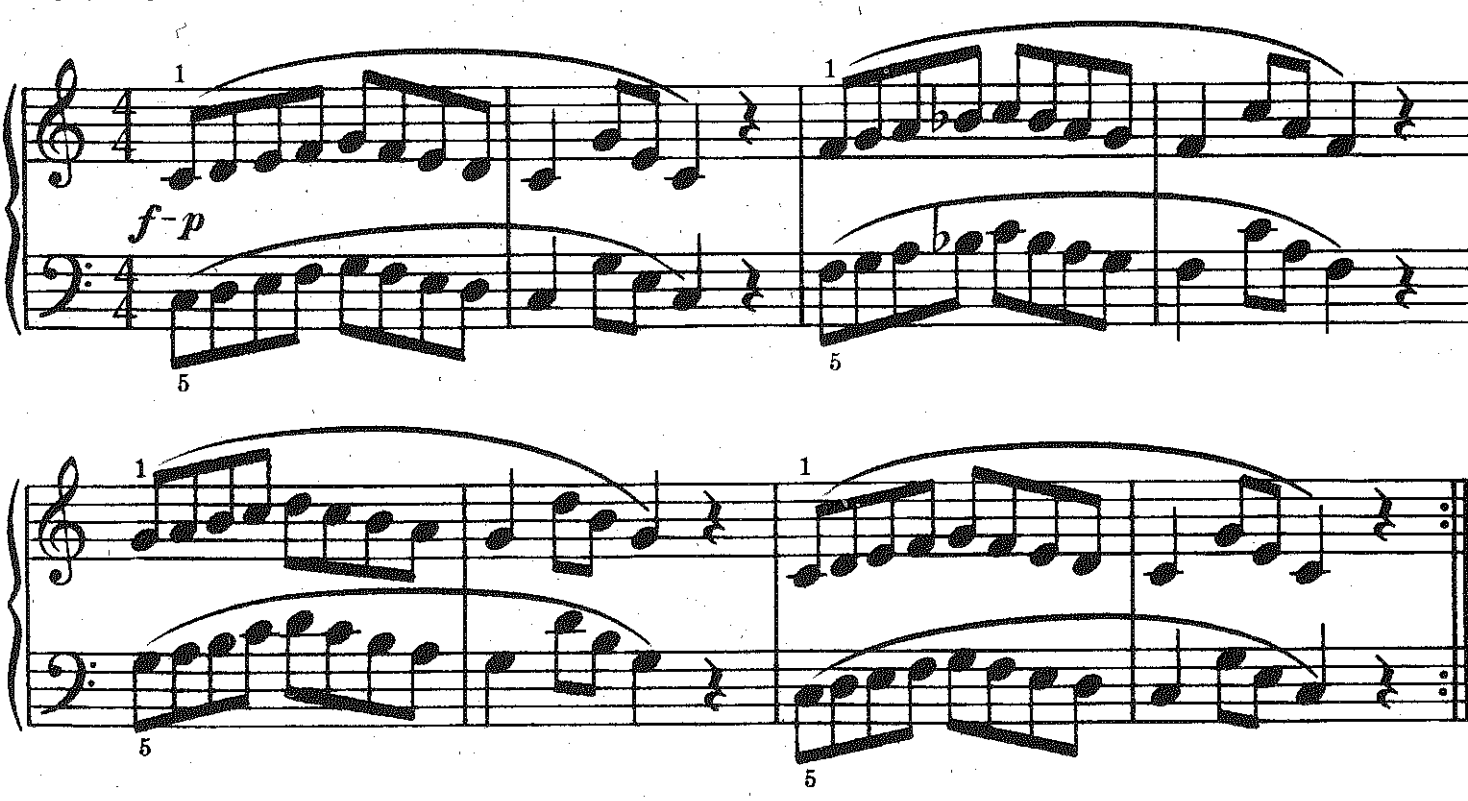




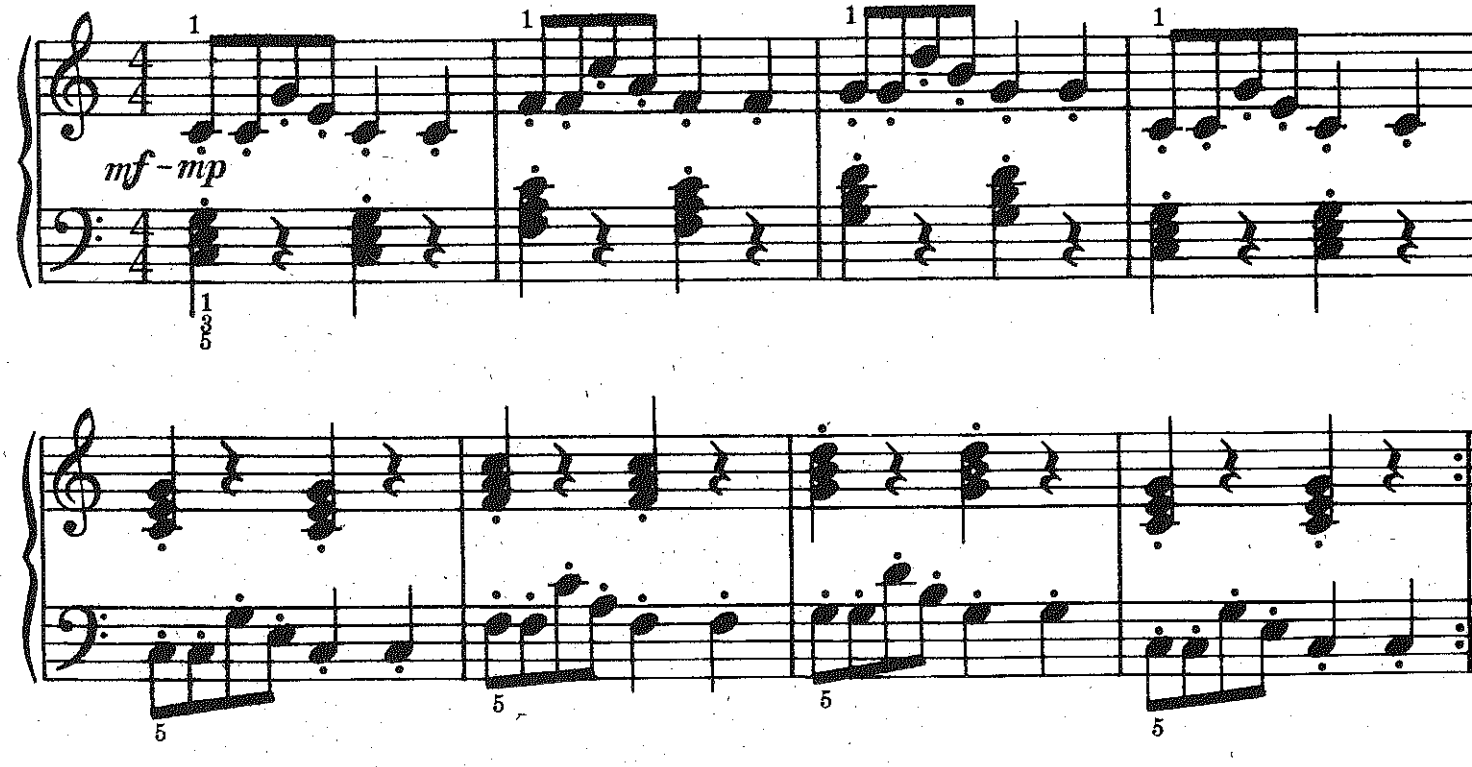
Leap Frog



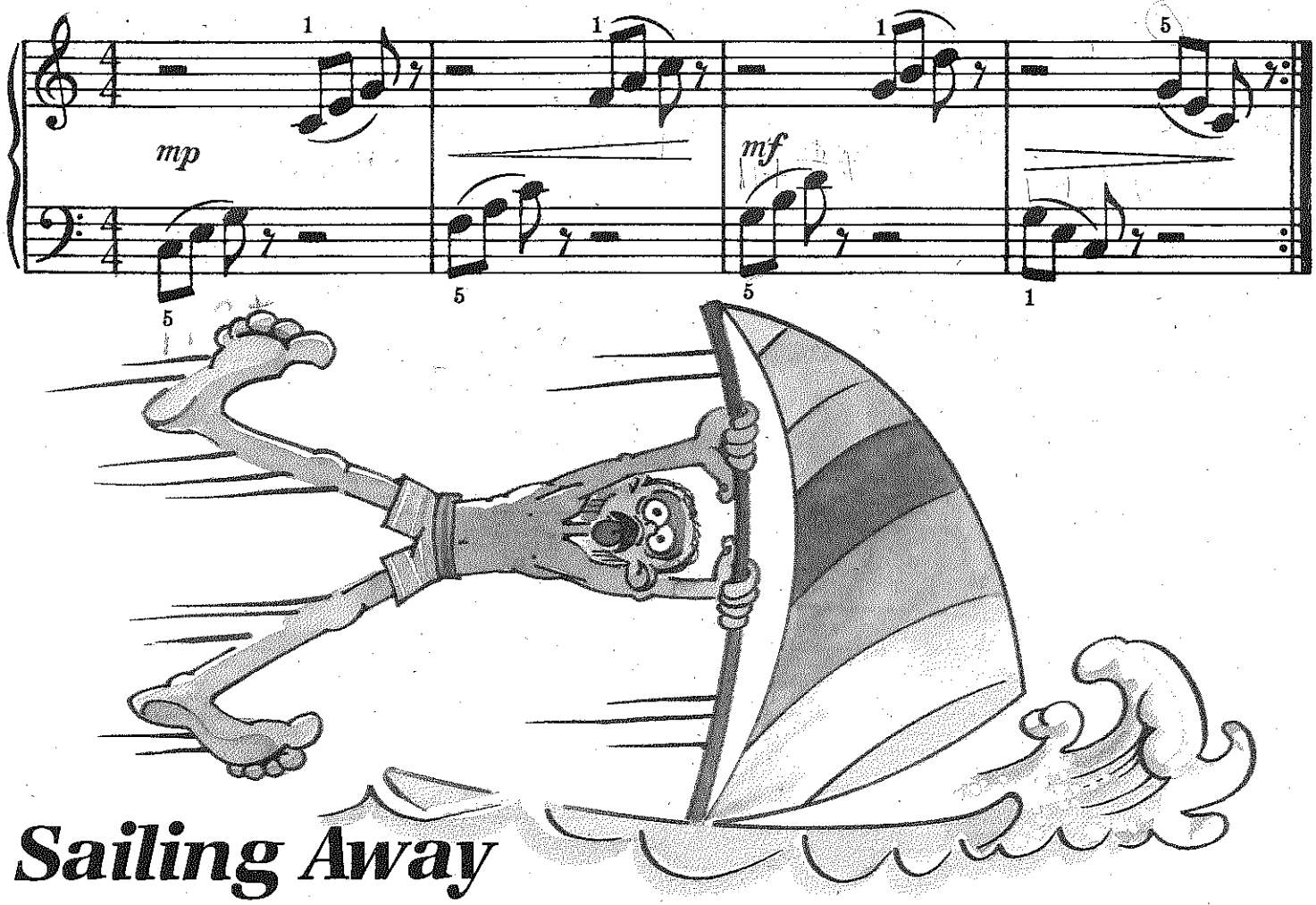
Race to the Finish



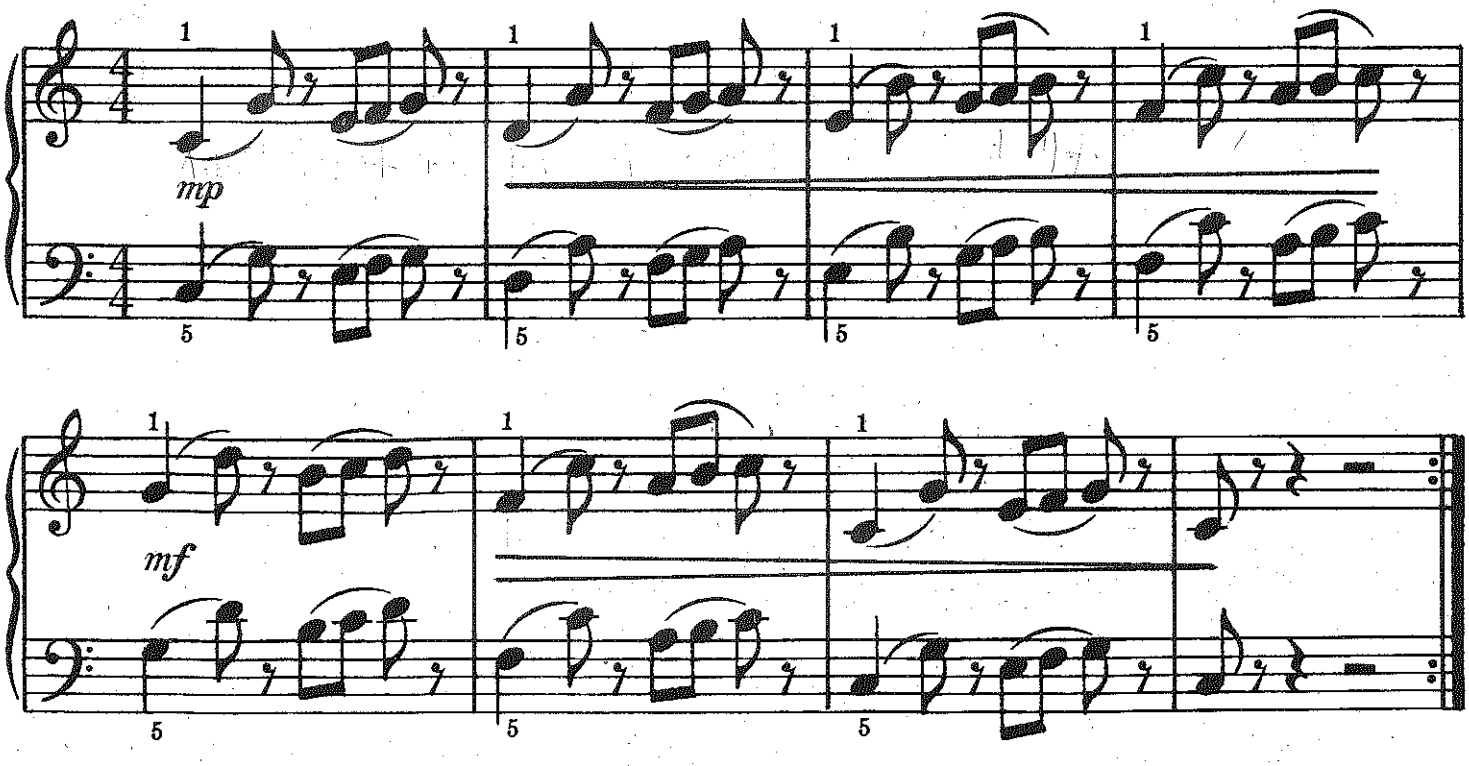
Jumpin' Fun!

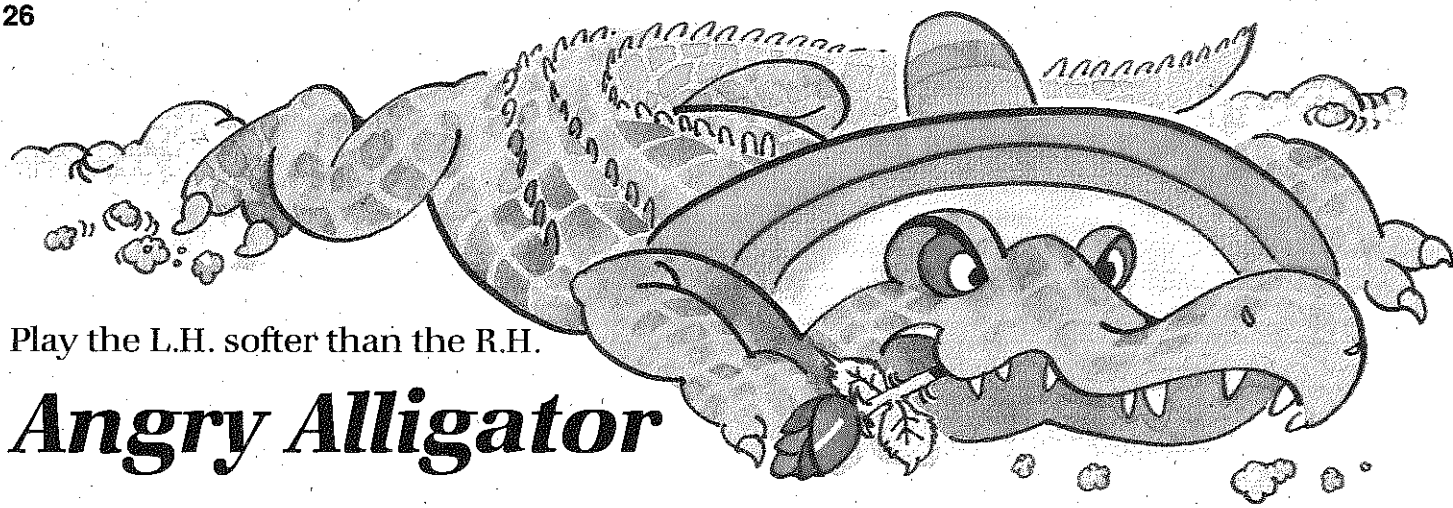


Wind Surfing



Sailing Away

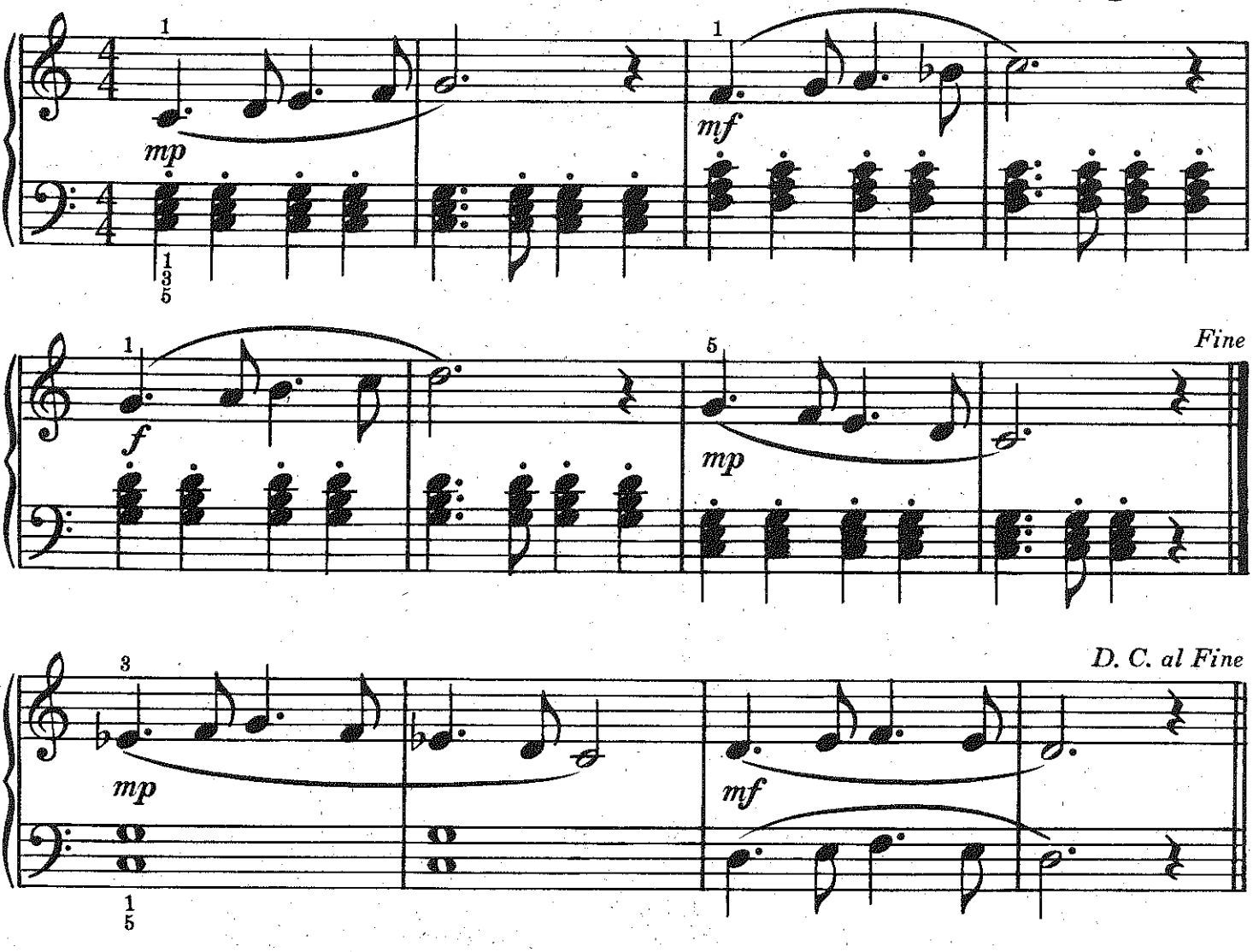




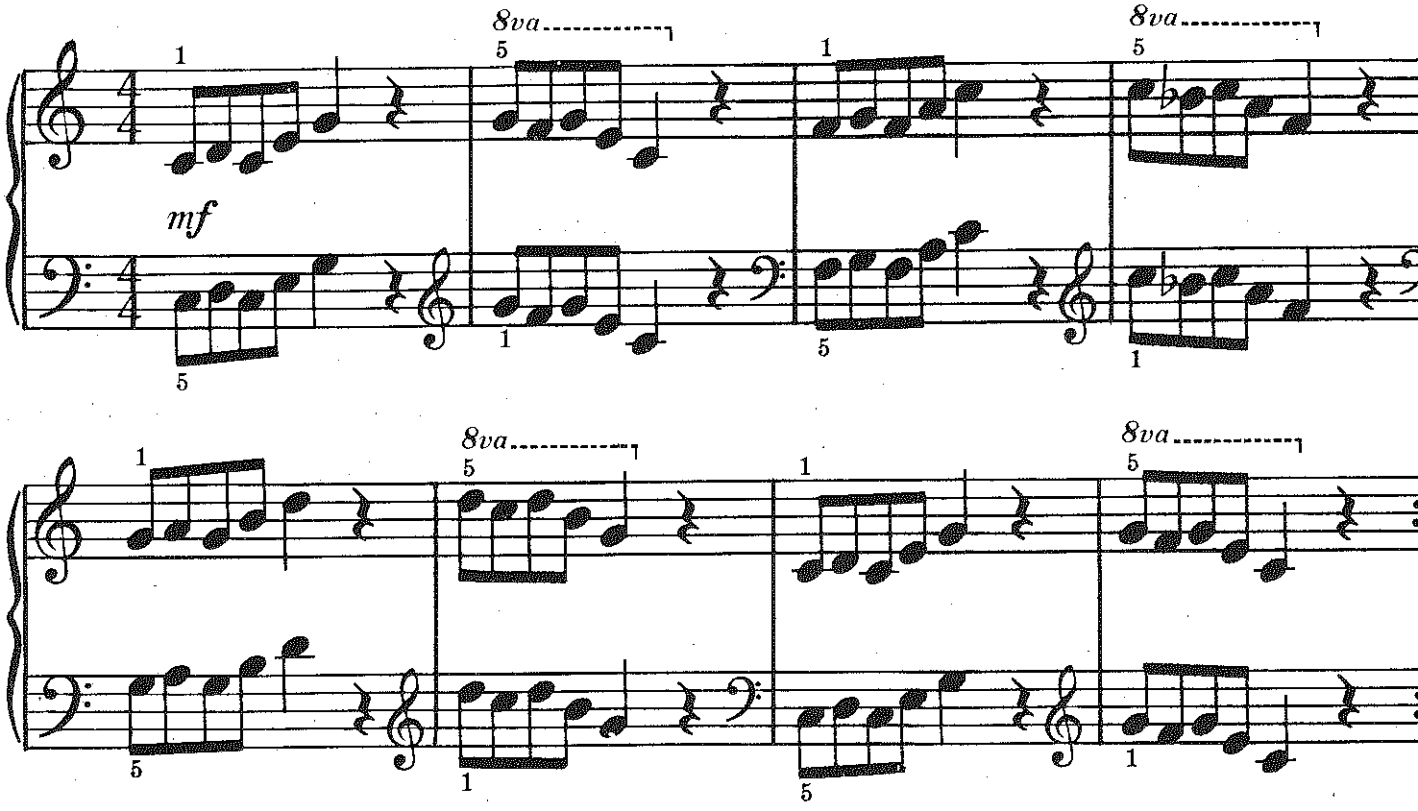
Play the L.H. softer than the R.H.

Angry Alligator

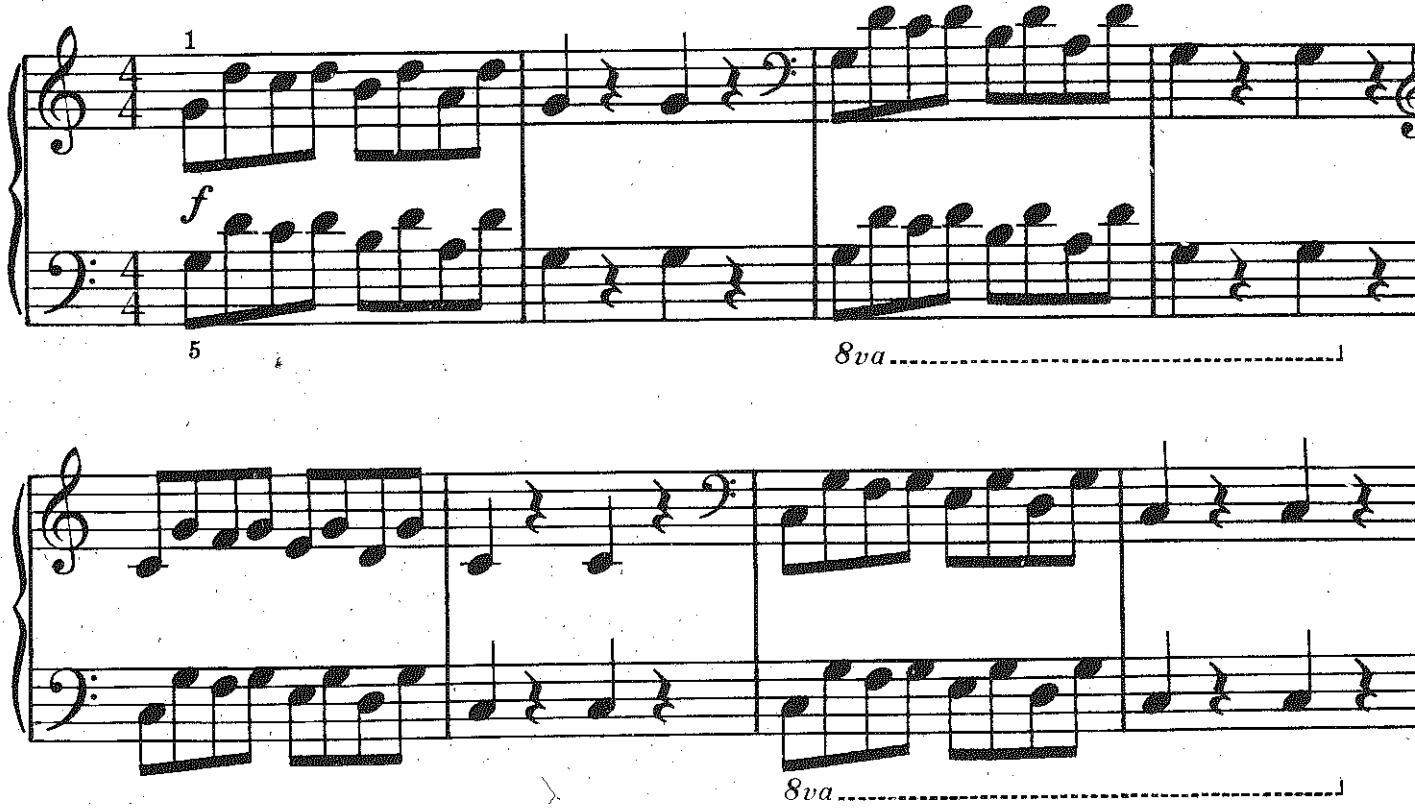
Mexican Fiesta

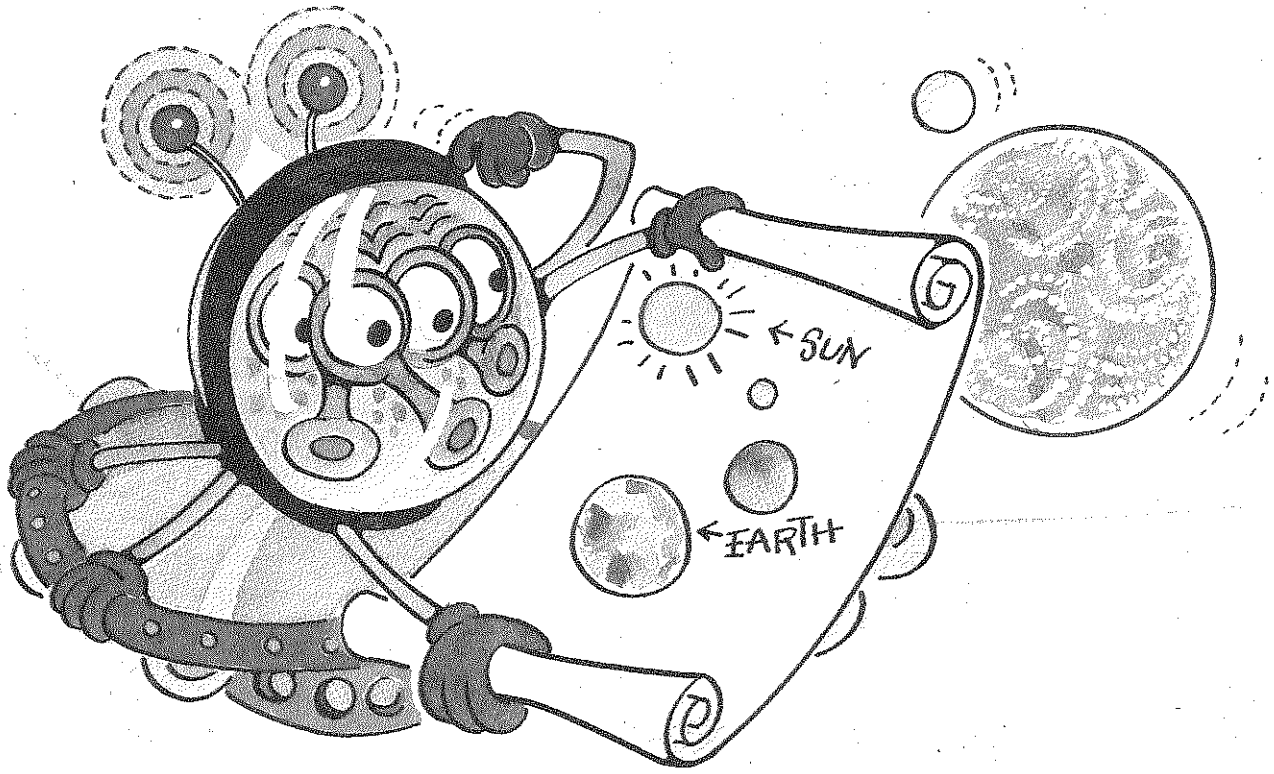


Lift Off!

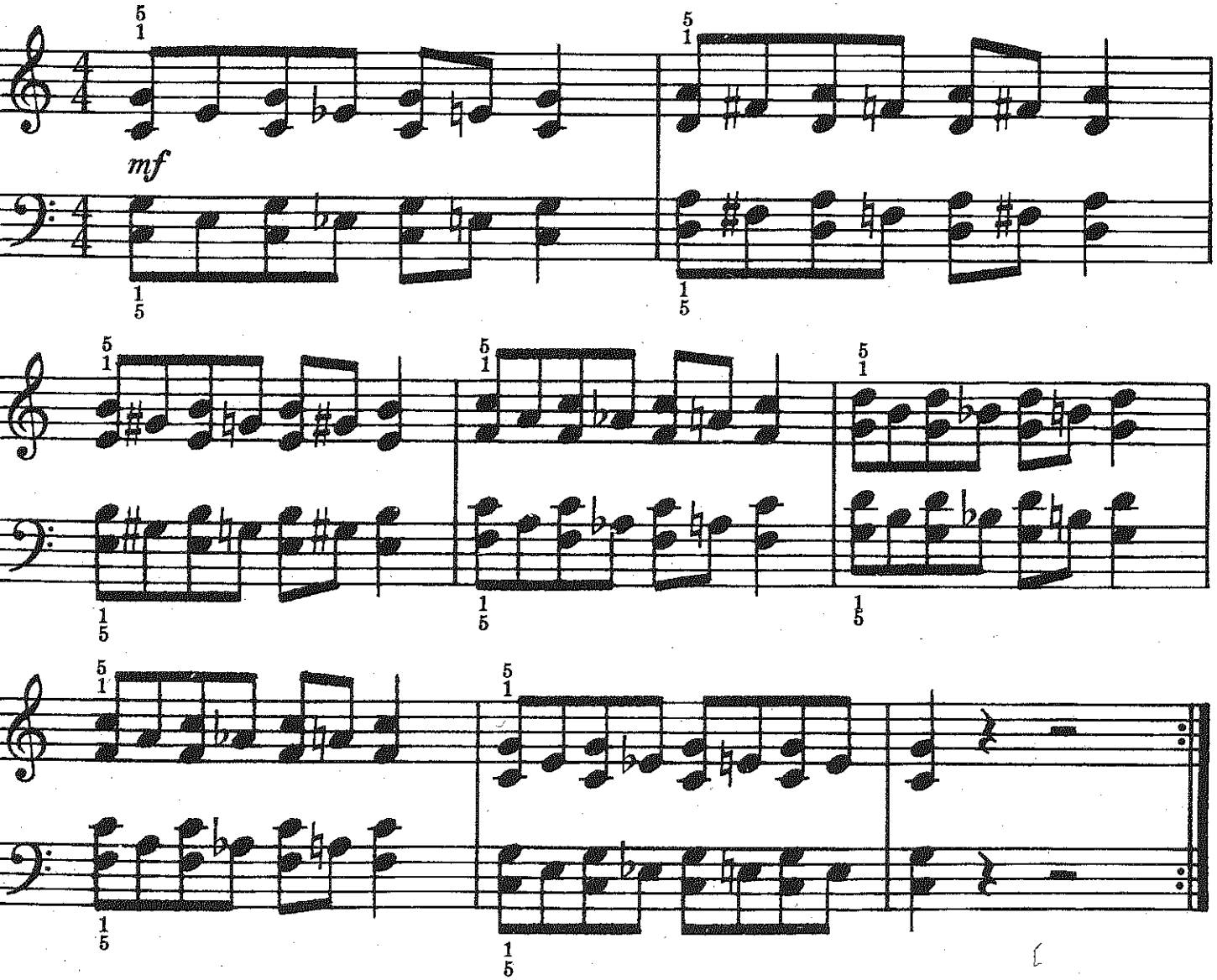


Return to Earth



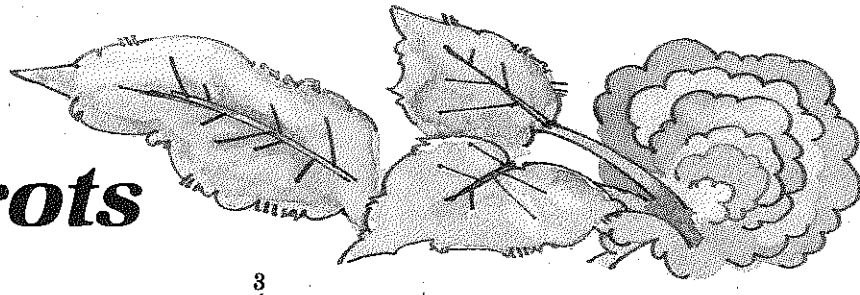


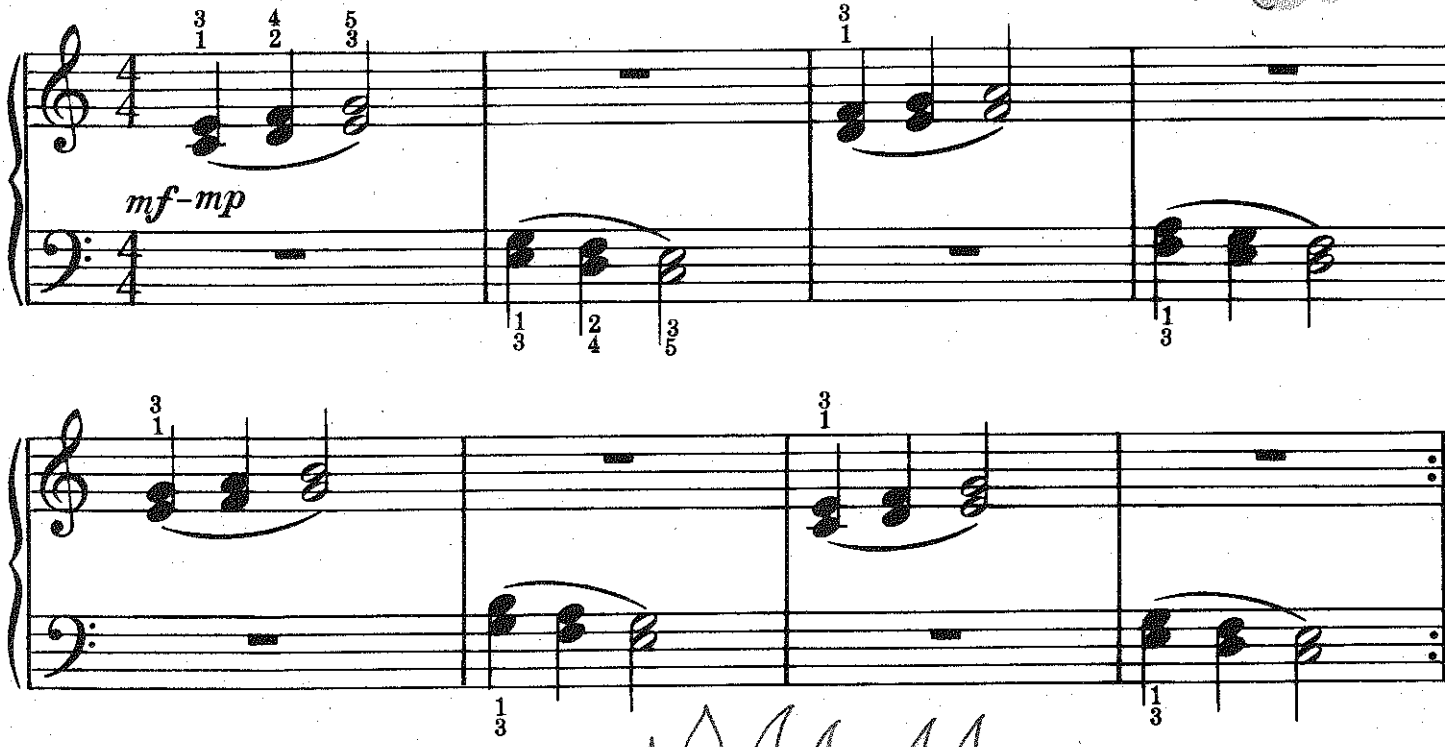
Exploring the Planets



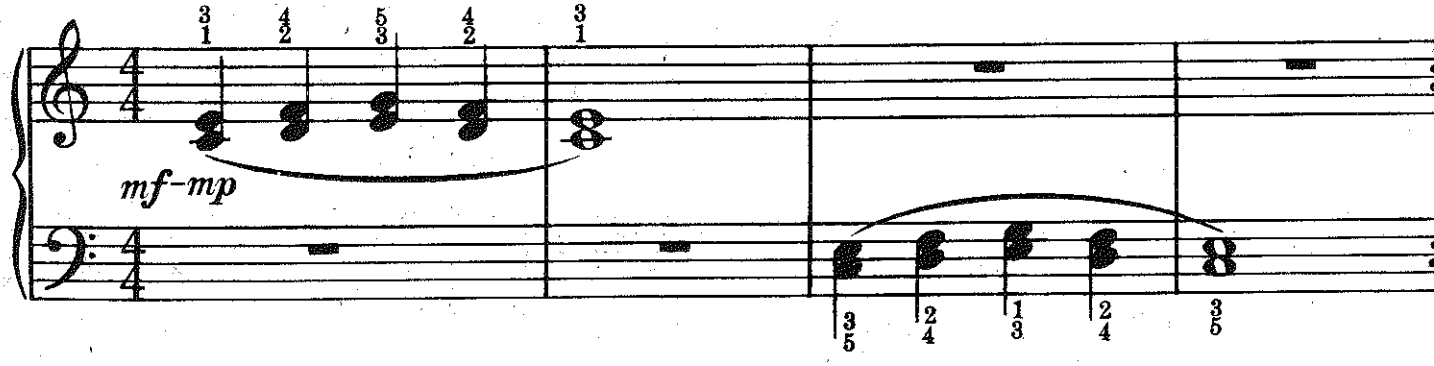
Play these thirds smoothly.

A Pair of Parrots



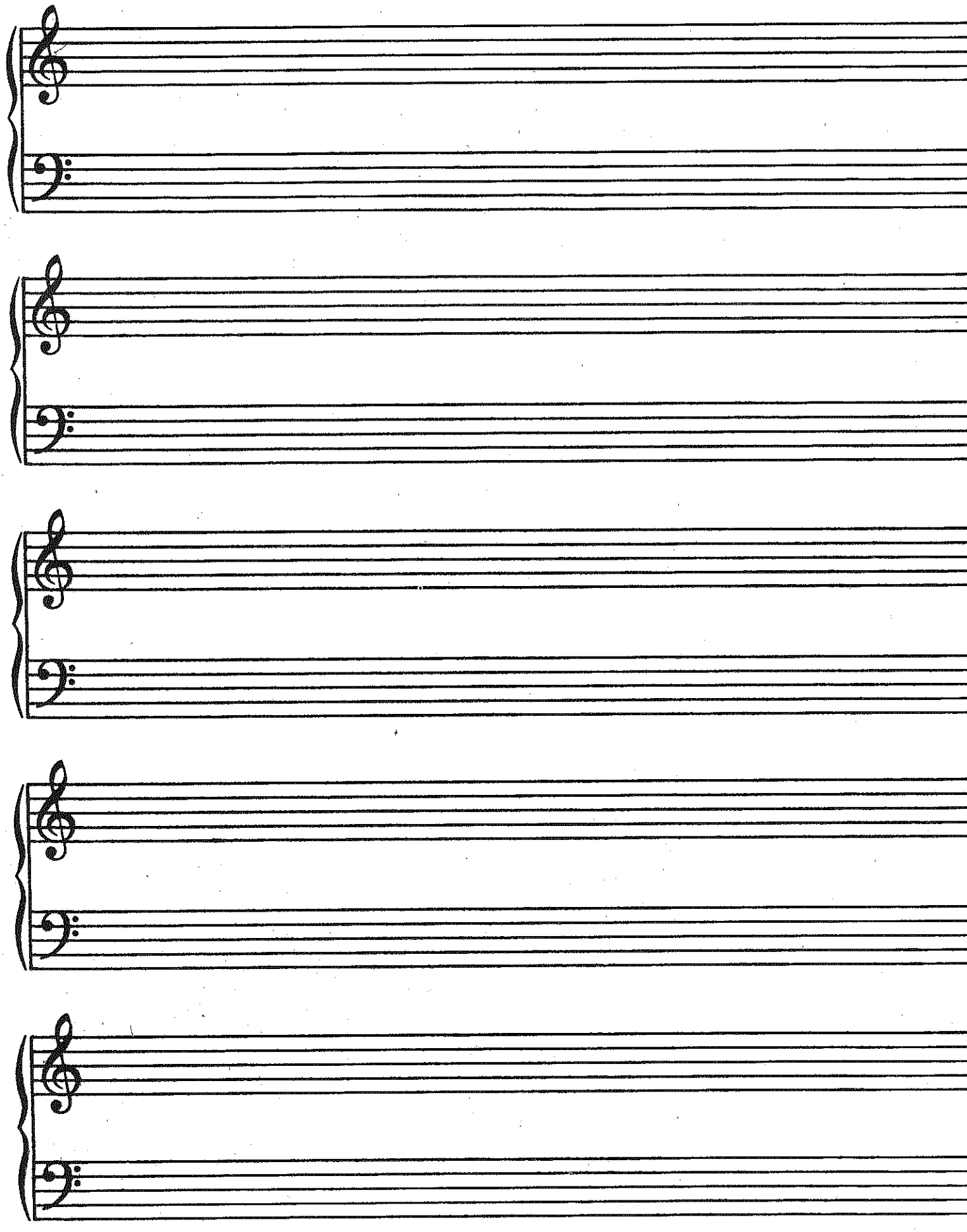


Two by Two



Sledding We Go!

l. h.

mf–mp

Special Requests for Technic